

# HEARTLAND TWIRL

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**Count:** 76      **Wall:** —      **Level:** —

**Choreographer:** Sandy Nelson

**Music:** All Shook Up by Billy Joel

**Position:** Start In Side By Side Position Facing Down Line Of Dance

## **BOTH**

- 1-2-3      Left vine diagonally back
- 4            Right toe touch next to left foot
- 5-6-7      Right diagonally forward finishing with  $\frac{1}{4}$  turn to the right (to the right) facing outside LOD
- 8            Left toe touch next to right foot

**Keep hands joined, hands should be left over right after ladies turn to face partner**

**9-10-11 MAN: Step in place left-right-left**

**LADY: Step left-right-left making  $\frac{1}{2}$  turn right**

**12 MAN: Right toe touch to right side**

**LADY: Right toe touch to right side**

**Keep hands joined, bring hands over lady's head on pivot, passing right shoulder to right shoulder**

**13-14 MAN: Step forward right-left**

**LADY: Step forward right-left**

**15 MAN: Right foot step & pivot  $\frac{1}{2}$  turn right**

**LADY: Right foot step & pivot  $\frac{1}{2}$  turn left**

**16 MAN: Left toe touch to left side**

**LADY: Left toe touch to left side**

**Keep hands joined, bring hands over lady's head on pivot, passing left shoulder to left shoulder**

**17-18MAN: Step forward left-right**

**LADY: Step forward left-right**

**19MAN: Left foot step & pivot  $\frac{1}{2}$  turn left**

**LADY: Left foot step & pivot  $\frac{1}{2}$  turn right**

**20MAN: Right toe touch to right side**

**LADY: Right toe touch to right side**

**Keep hands joined, bring hands over man's head on  $\frac{1}{4}$  turn left as lady passes behind man**

**21-22MAN: Step forward right-left**

**LADY: Step forward right-left**

**23MAN: Right foot step  $\frac{1}{4}$  turn left**

**LADY: Right foot step  $\frac{1}{4}$  turn right**

**24MAN: Left toe touch to left side**

**LADY: Left toe touch to left side**

**Keep hands joined, raise right hands & keep left hands low, lady's full turn passing in front of man into side by side position**

**25-26-27MAN: Left vine**

**LADY: Left rolling vine full turn to the right**

**28MAN: Right toe touch to right side**

**LADY: Right toe touch to right side**

**29-30-31MAN: Right sailor shuffle (right-left-right)**

**LADY: Right sailor shuffle (right-left-right)**

**32MAN: Hold**

**LADY: Hold**

**33MAN: Left foot step behind right foot**

**LADY: Left foot step behind right foot**

**34MAN: Hold**

**LADY: Hold**

**35MAN: Right foot step to right side**

**LADY: Right foot step to right side**

**36MAN: Hold**

**LADY: Hold**

**37-38-39MAN: Left sailor shuffle (left-right-left)**

**LADY: Left sailor shuffle (left-right-left)**

**40MAN: Hold**

**LADY: Hold**

**41MAN: Right foot step behind left foot**

**LADY: Right foot step behind left foot**

**42MAN: Hold**

**LADY: Hold**

**43MAN: Left foot touch next to right foot**

**LADY: Left foot step next to right foot**

**44MAN: Hold**

**LADY: Hold**

**Drop right hands on shuffles and end with inside hands joined, lady's left in man's right hand**

**45-46-47MAN: Left shuffle forward (left-right-left)**

**LADY: Right shuffle forward (right-left-right)**

**48MAN: Hold**

**LADY: Hold**

**49-50-51MAN: Right shuffle forward (right-left-right)**

**LADY: Left shuffle forward (left-right-left)**

**52MAN: Hold**

**LADY: Hold**

**53MAN: Left foot step  $\frac{1}{4}$  turn right & lean to left**

**LADY: Right foot step  $\frac{1}{4}$  turn left & lean to right**

**54MAN: Hold**

**LADY: Hold**

**55MAN: Shift weight back to right foot**

**LADY: Shift weight back to left foot**

**56MAN: Hold**

**LADY: Hold**

**57MAN: Shift weight to left foot**

**LADY: Shift weight to right foot**

**58MAN: Hold**

**LADY: Hold**

**59MAN: Shift weight back to right foot**

**LADY: Shift weight back to left foot**

**60MAN: Hold**

**LADY: Hold**

**Keep inside hands joined straight down, shoulders touching as you turn back to back**

**61MAN: Left foot step  $\frac{1}{2}$  turn left & lean to left**

**LADY: Right foot step  $\frac{1}{2}$  turn right & lean to right**

**62MAN: Hold**

**LADY: Hold**

**63MAN: Shift weight back to right foot**

**LADY: Shift weight back to left foot**

**64MAN: Hold**

**LADY: Hold**

**65MAN: Shift weight to left foot**

**LADY: Shift weight to right foot**

**66MAN: Hold**

**LADY: Hold**

**67MAN: Right foot step  $\frac{1}{4}$  turn to face down LOD**

**LADY: Left foot step  $\frac{1}{4}$  turn to face down LOD**

**68MAN: Hold**

**LADY: Hold**

**69MAN: Left foot step forward**

**LADY: Right foot step forward**

**70MAN: Hold**

**LADY: Hold**

**71MAN: Right foot step forward**

**LADY: Left foot step forward**

**72MAN: Hold**

**LADY: Hold**

**73MAN: Left foot touch next to right foot**

**LADY: Right foot step next to left foot**

**74MAN: Hold**

**LADY: Hold**

**Rejoin hands in side by side position**

**75MAN: Left foot kick forward @ 45 degree angle**

**LADY: Left foot kick forward @ 45 degree angle**

**76MAN: Hold**

**LADY: Hold**

**REPEAT**