

Let It All Out (Tonight Tonight)

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Count: 64

Wall: 2

Level: Intermediate

Choreographer: Johanna Barnes (2011)

Music: Tonight Tonight by Hot Chelle Rae

Intro: 4 counts including "Uno, dos, tres,"

Count 1 is the on the word "really"

[1~8]: TOUCH CROSSES, MAMBOS

1R touch to R side

2R step across L

3L touch to L side

4L step across R

5R push step forward

&recover weight back on L

6R step back

7L push step back

&recover weight forward on R

8L step forward

[9~16]: ROCK- $\frac{1}{4}$ RECOVER R, TRIPLE $\frac{1}{4}$ R, STEP $\frac{1}{2}$ TURN R, WALK L, WALK R

1R push step forward

2recover weight back and $\frac{1}{4}$ R onto L (3:00)

&R step to R side

3L step next to R

4R forward step $\frac{1}{4}$ R (6:00)

5L step forward

6½ right turn onto R (12:00)

7L step forward

8R step forward

[17~24]: L WALK, BOUNCE, JAZZ BOX, R HITCH, TOUCH BEHIND

1L forward step to L diagonally toward 10:00, open hips L to 10:00, shoulders toward 12:00

2R step forward, toward 10:00

3touch L forward, keep weight more R, bend knees, small 'squat' to start bounce

&push up, straightening knees, pulse hands downward from elbows

4bend knees again, finishing bounce, weight R

5L step forward, toward 10:00

6R step forward and across to start rotation R

7L step to L side, slightly back, square up to face 12:00

&hitch R knee up, draw right shoulder up

8R touch behind L, drop right shoulder

[25~32]: R WALK, HIP THRUST, JAZZ BOX, KNEE FANS

1R forward step to R diagonally toward 2:00 open hips R to 2:00, shoulders follow

2L step forward, toward 2:00

3touch R forward, pushing hips forward

&push hips back

4push hips forward taking weight on R

5L step forward and across to start rotation L

6R small step back, begin to square to 12:00

7L step next to R, square up to face 12:00

&with feet together, lift heels to push knees out to sides, slight bounce

8close knees, return to center (weight L*)

***except on 3rd sequence, weight R and**

***REPEAT steps 17-32, then RESTART from 1**

[33~40&]: R CROSS, L $\frac{1}{4}$ BACK, $\frac{3}{4}$ R CHASE TURN, PUSH-RECOVER-SWITCH x2

1R cross over L

2L step back and $\frac{1}{4}$ R (3:00)

3R forward step $\frac{1}{4}$ R (6:00)

&L step forward (6:00)

4 $\frac{1}{2}$ R, stepping R forward (12:00)

5L push step forward

6recover weight back onto R

&L step next to R

7R push step forward

8recover weight back onto L

&R step next to L

[41~48]: FORWARD FOOT BOOGIES, STEP R, DOUBLE SAILOR STEPS, L BEHIND

1L heel step forward, toes fan L (out) R stays ball of foot, heel fan L (in)

&L toes back to center, release R

2R heel step forward, toes fan R (out) L stays ball of foot, heel fan R (in)

&R toes back to center, release L

3L heel step forward, toes fan L (out) R stays ball of foot, heel fan L (in)

&L toes back to center, release R

4R small step fwd and slightly R

5L step behind R

&R small step to R side

6L small step to L side

&R step behind L

7L small step to L side

&R small step to R side

8L step behind R

[49~56]: ¼ R, L FWD STEP, ½ R, ½ PENCIL TURN R, R FWD STEP, L FWD ROCK-RECOVER, L COASTER STEP

1R forward step ¼ R (3:00)

2L small step forward

3½ turn R onto R (9:00)

&½ turn R, step L next to R (3:00)

4R step forward

5L rock step forward

6recover weight back onto R

7L step back

&R step next to L (take weight R)

8L step forward

[57~64]: R FWD ROCK-RECOVER, TRIPLE ½ R, L FWD ROCK-RECOVER, L ¼ SAILOR STEP

1R rock step forward

2recover weight back onto L

3R step ¼ to R side (6:00)

&L step next to R

4R forward step ¼ R (9:00)

5L rock step forward

6recover weight back onto R

7L sweep step behind R, making 1/8 turn L

&R step center, while make 1/8 turn L (6:00)

8L step center/ slightly forward

(BEGIN AGAIN, and most certainly DWYF!)

***For the 3rd wall/sequence, dance counts 1-32, repeat counts 17-32, then Restart the dance from count 1.**

(1st wall starts at 12:00. 2nd wall starts at 6:00. 3rd wall starts at 12:00, repeating counts 17-32 so that you have done these counts two consecutive times through, then resetting the dance back at count 1 so that you are now starting the 4th wall still at 12:00...

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