

# Outa My Head

LINEDANCE.COM

**Count:** 48      **Wall:** 4      **Level:** —

**Choreographer:** Autumn Lynn – April 2017

**Music:** Seein' Red – Dustin Lynch

## (1) Step R, hold, Sailor R, Sailor L, Behind side cross

- 1,2      Step on R and hold for a count
- 3&4      Sailor R
- 5&6      Sailor L
- 7&8      Behind side cross

## (2) Step Drag, R Strut, L Strut, Pivot $\frac{3}{4}$

- 1&2      Step right foot out, drag left foot for a count and step on it. Making 2 counts
- 3, 4      Right toe strut w/hip bumps
- 5,6      Left Toe Strut w/hip bumps
- 7      Pivot  $\frac{3}{4}$  holding out L Foot

**8you drag L foot in**

## (3) Kick Ball Change, Pivot half, Triple L, pivot half, full turn

- 1&2      Kick ball change R
- 3, 4      Pivot  $\frac{1}{2}$  over R
- 5&6      Forward Triple left
- 7      Pivot half over L
- 8      Full turn over R

## (4) Hip bumps R, Hip bumps L, Heel jack L Heel Jack R

- 1,2      Hip bumps to the R
- 3,4      Hip Bumps to the L
- 5&6      Heel Jack L
- 7&8      Heel Jack R

## (5) Touch Step, Swivel L, Kick step back drag L 2 counts

- 1, 2** Touch R step Left foot in front of right  
**3,4** Swivel Left  
**5,6** Kick R Step back  
**7,8** Drag L step

**(6) Point R Kick R Point Left Kick Left, 4 walks**

- 1,2** Point R, kick R  
**3,4** Point L, L Kick ball change  
**5,6,7,8,4** Walks R,L, R, L

**\*1st Restart happens at Wall 3**

**\*\*2nd Restart happens at wall 5**

**You can hear both Restarts in the music**

**Contact: [autumnlynnnapolitano@gmail.com](mailto:autumnlynnnapolitano@gmail.com)**