

LONESTARLET

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Count: —

Wall: 4

Level: intermediate

Choreographer: John Elliott

Music: Up-tempo Swing rhythm

PART A

RIGHT & LEFT HEEL TAP SEQUENCE

1(Right foot) tap heel forward (12:00)

2(Right foot) tap heel forward toward 1:30

& Turn $\frac{1}{4}$ toward right to face 3:00

3(Right foot) tap heel forward toward 3:00

4(Right foot) step together next to left foot

5(Left foot) tap heel forward (3:00)

6(Left foot) tap heel forward toward 1:30

& Turn $\frac{1}{4}$ toward left to face 12:00

7(Left foot) tap heel forward toward 12:00 again

8(Left foot) step together next to right foot

SYNCOPATED RIGHT HEEL JACK, HALF TURN RIGHT

Uh*(Right foot) step backward on ball of foot (push backward from left foot)

1(Left foot) touch heel forward

2(hold) snap fingers of right hand out to right side

Uh(Left foot) step down (Replace)

3(Right foot) step together next to left foot

4(hold) snap fingers of left hand out to left side

Uh(Left foot) cross-step behind right heel

5(Right foot) cross-step further over left foot

6(Right foot)/left foot beginner turning (unwinding) full turn to left on balls of feet

7(Right foot)/left foot finish turning (unwinding) full turn to left on balls of feet-you are now facing 6:00

8(Right foot) shift weight to right foot and clap

LEFT & RIGHT HEEL TAP SEQUENCE

1(Left foot) tap heel forward (6:00)

2(Left foot) tap heel forward toward 4:30

& Turn $\frac{1}{4}$ toward left to face 3:00

3(Left foot) tap heel forward toward 3:00

4(Left foot) step together next to right foot

5(Right foot) tap heel forward (3:00)

6(Right foot) tap heel forward toward 4:30

& Turn $\frac{1}{4}$ toward right to face 6:00

7(Right foot) tap heel forward toward 6:00 again

8(Right foot) step together next to left foot

SYNCOPATED LEFT HEEL JACK, HALF TURN LEFT, HIP SWAY

Uh(Left foot) step backward on ball of foot (push backward from right foot)

1(Right foot) touch heel forward

2 Hold snap fingers of left hand out to left side

Uh(Right foot) step down (Replace)

3(Left foot) step together next to right foot

4 Hold snap fingers of right hand out to right side

Uh(Right foot) cross-step behind left heel

5(Left foot) cross-step further over right foot

6(Left foot)/right foot turn (unwind) full turn to left on balls of feet you are now facing 12:00 again, your original front wall

7(Right foot) circle hips backward, to right, then forward weight ends on right foot

& Hands clap

8 Hands clap

PART B

ROCK & LOCK STEPS

Make the steps in this sequence small and precise, especially the lock steps, so that you can do them at the faster tempos.

1(Left foot) rock step forward

2(Right foot) rock step backward (Replace)

3(Left foot) rock step backward

4(Right foot) cross step forward over left foot

&(Left foot) lock step forward behind right foot

5(Right foot) step forward

6(Left foot) rock step forward

7(Right foot) rock step backward (Replace)

8(Left foot) cross step backward behind right foot

&(Right foot) lock step backward over left foot

BACK, SIDE, FORWARD, HITCH; STEP, HITCH, SLIDE

1(Left foot) step backward

2(Right foot) step to right side

3(Left foot) step forward

4(Right foot) hitch left knee and scoot forward on right foot

5(Right foot) step forward

6(Left foot) hitch left knee and scoot forward on right foot

7(Left foot) step to left side

8(Right foot) slide right foot next to left foot

&(Right foot) lift foot next to left ankle and turn to towards the right in preparation for next step

HEEL STRUT TURNING THREE-QUARTERS TO RIGHT

This is a tight little turn taking 8 beats of music.

1(Right foot) heel step diagonal forward (toes up) toward 3:00

2(Right foot) drop toes down (foot flat)

3(Left foot) heel step diagonal over right foot (toes up) toward 4:30

4(Left foot) drop toes down (foot flat)

5(Right foot) heel step diagonal (toes up) toward 7:30

6(Right foot) drop toes down (foot flat)

7(Left foot) heel step diagonal over right foot (toes up) toward 9:00

8(Left foot) drop toes down (foot flat)-now facing 9:00

SHUFFLE FORWARD, POINT & HOLD, TURN, CLAP, SHIFT

1(Right foot) step forward

&(Left foot) small step forward (instep next to right heel)

2(Right foot) small step forward

3(Left foot) step forward

&(Right foot) small step forward (instep next to left heel)

4(Left foot) small step forward

5(Right foot) step forward, all weight over this foot

6(Right foot) turn sharply full turn to left, weight change to right foot--now facing 3:00, your new front wall

Uh(Left foot) step together next to right foot, clap hands

7(Right foot) touch toe backward

& Hold clap hands

8 Hold clap hands

REPEAT