

Crying My Heart Out

LINEDANCE.COM

Count: 64

Wall: 2

Level: Intermediate

Choreographer: Mawayani (Nov 2016)

Music: I'm Crying My Heart Out Over You : Ray Dylan feat Billy Forrest

Intro : 32 counts

S1: LOCKSTEP, TOUCH, DIG.STEP LEFT, TOUCH, DIG. STEP RIGHT, TOUCH BEHIND

1RF step fwd

2LF lock behind RF

3RF step fwd

4LF touch next to RF

5LF step diagonal left fwd

6RF touch next to LF

7RF step diagonal right fwd

8LF touch behind RF

S2: BEHIND, BEHIND, CROSS OVER, BEHIND, ¼ STEP LEFT, PADDLE ¼ TURN LEFT, STEP FWD

1LF step diagonal bwd

2RF step bwd (12)

3LF cross over RF

4RF step bwd

5LF ¼ turn left, step to left side

6RF step fwd

7L+R ¼ turn left

8RF step fwd

S3: STEP FWD, HOLD & STEP FWD, ROCK, RECOVER, ¼ TURN RIGHT CHASSE, CROSS OVER

1LF step fwd

2hold

&RF close next to LF

3LF step fwd

4RF rock fwd

5LF recover

6RF ¼ turn right, step to right side

&LF step next to RF

7RF step to right side

8LF cross over RF

S4: STEP RIGHT, CROSS BEHIND, ¼ RIGHT, ROCK, RECOVER, ½ TURN LEFT FWD, STEP FWD, HOLD

1RV step to right side

2LV cross behind RF

3RV ¼ turn right, step fwd

4LV rock fwd

5RV recover

6LV ½ turn left, step fwd

7RV step fwd

8hold

S5: HIP BUMPS, TOUCH, FULL TURN RIGHT, TOUCH

1LV hip left

2RV hip right

3LV hip left

4RV touch next to LF

5RV $\frac{1}{4}$ turn right, step to right side

6LV $\frac{1}{2}$ turn right, step bwd

7RV $\frac{1}{4}$ turn right, step to right side

8LV touch next to RF

S6: ROCK, RECOVER, $\frac{1}{2}$ TURN LEFT, HOLD,+ ROCK, RECOVER, $\frac{1}{4}$ TURN RIGHT, HOLD

1LF rock fwd

2RF recover

3LF $\frac{1}{2}$ turn left, step fwd

4hold

5RF rock fwd

6LF recover

7RF $\frac{1}{4}$ turn right, step fwd

8hold

S7: LOCKSTEP, TOUCH, $\frac{1}{4}$ PADDLE TURN LEFT, $\frac{1}{4}$ PADDLE TURN LEFT

1LF step fwd

2RF lock behind LF

3LF step fwd

4RF touch next to LF

5RF step fwd

6R+L ¼ turn left

7RF step fwd

8R+L ¼ turn left

S8: LOCK STEP, ¼ RIGHT SCUFF, STEP FWD, ½ TURN RIGHT, STEP FWD, HOLD

1RF step fwd

2LF lock behind RF

3RF step fwd

4LF ¼ turn right, scuff

5LF step fwd

6L+R ½ turn right

7LF step fwd

8hold

Start over

Ending: dance the first two blocks

Contact: www.mawayanilinedancers.webnode.nl - djmarianne56@hotmail.com