

# I Only Go... Up!

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**Count:** 32                      **Wall:** 4                      **Level:** Beginner

**Choreographer:** Michael Lynn (Sept 08)

**Music:** Up! by The Saturdays (Radio Edit) (CD: 116bpm) (Track 3m 23s)

## **Intro: 32 count intro**

### **Shuffle Back Right, Back Left Rock Recover, Shuffle Forward Left, Step, Pivot 1/4 Turn Left**

- 1&2        Step back right, close left beside right, step back right,
- 3-4        Rock back left, recover right,
- 5&6        Step forward left, close right beside left, step forward left,
- 7-8        Step forward right, pivot 1/4 turn left.

### **RESTART: Restart dance from beginning at this point on Wall 10.**

## **Jazz Box, Side-Touch, 1/4 Side Touch**

- 1-2        Cross right over left, step back to left side,
- 3-4        Step right to right side, touch left to right side,
- 5-6        Step left to left side, touch right beside left,
- 7-8        Step right 1/4 left, step left beside right.

## **Box Step**

- 1-2        Step forward right, touch left beside right,
- 3-4        Step left to left side, step right beside left,
- 5-6        Step left back, touch right beside left,
- 7-8        Step right to right side, step left beside right.

## **Forward Rock, Back Rock, Step, Pivot 1/4 Turn Left, Stomps X2**

- 1-2        Rock forward right, recover left,
- 3-4        Rock back right, recover left,
- 5-6        Step forward right, pivot 1/4 turn left,
- 7-8        Stomp right, stomp left.