

CUMBIA DANCE A THON

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Count: 32 **Wall:** 1 **Level:** Beginner level

Choreographer: Irene Groundwater (Canada) Aug 2000

Music: La Cumbia by G. Kajunus, CD: Macarena Tropical Disco (112 bpm)

Start when music starts - 16 count intro If you make a complete (full) turn on the initial dance pattern, the dance will always have a 12:00 o'clock home wall. Otherwise, you should start the dance on the 9:00 o'clock wall so that you will end up with a 12:00 o'clock home wall. If you start the dance on the home wall with just a ¾ turn to begin with, your home wall will become the 3:00 o'clock wall.

FWD, FWD, FWD, KICK BACK, FWD, FWD, FWD, KICK BACK (CIRCLING LEFT 3/4 TURN ON THESE 8 COUNTS)

- 1-2 Left fwd turning left, Right fwd turning left
- 3-4 Left fwd turning left, Right kicks back while Head tilts back
- 5-6 Right fwd turning left, Left fwd turning left
- 7-8 Right fwd turning left, Left kicks back while Head tilts back (Optional - Hands circle each other in front of Chest on steps 1,2,3 and 5,6,7)

LEFT VINE WITH RIGHT HEEL, RIGHT VINE WITH LEFT HEEL

- 9-10-11 Side step left, Right behind left, Side step left
- 12 Tap right heel to the right turning Body 1/4 turn right on step
- 13-15 Side step right facing 3 o'clock , Left behind right, Side step right
- 16 Tap Left heel to the left turning Body 1/4 turn left on step (Optional - Point first finger of each hand fwd on steps 12 and 16)

LEFT BODY DIP, TURN, TWO CLAPS, RIGHT BODY DIP, TURN, TWO CLAPS

- 17 Bring weight onto Left ball which swivels 1/4 turn right as
- 18-19 Body dips left with 1/4 turn right as Right ball swivels right
- &20 Clap, Clap
- 21 Bring weight onto Right ball which swivels 1/4 turn left as
- 22-23 Hip sways right, Body turns 1/4 turn left as Left ball swivels left

&24 Clap, Clap (Optional - Swivel on Heel instead of Ball of foot on steps 19 & 23) (Optional - Use Hip & Shoulder shimmy on counts 18-19 & 22-23)

FWD, BACK, BACK, HOLD, BACK FWD, FWD, 1/4 TURN LEFT

25-26 Left fwd, Right back

27-28 Left back, Hold

29-30 Right back, Left fwd

31-32 Right fwd, Hold (pivoting 1/4 turn left on Right ball on hold) (Optional - subtle Cuban motion on last 8 counts)