

# FOOLISH (AKA HE KEEPS ME)

LINEDANCE.COM

**Count:** 48

**Wall:** 4

**Level:** Intermediate level

**Choreographer:** Nancy A Morgan (June 07)

**Music:** Foolish by Johnny Mathis

**Or Music: Mama Needs Someone to Hold Her by Larry Stewart (CD: Heart Like a Hurricane) 93 bpm He Keeps Me in One Piece by Julie Reeves, CD: It?s About Time, BPM: 96 BPM Heart by Reba McEntire, CD: Oklahoma Girl, BPM: 96 You Make the Moonlight by 4 Runner, CD: 4 Runner, BPM: 98 Someone Must Feel Like A Fool by Kenny Rogers, CD: Back Home Again, BPM: 100**

## **STEP DIAGONALLY FORWARD, SIDE, FORWARD, STEP DIAGONALLY FORWARD, SIDE, FORWARD**

- 1,2,3** Step forward and Diagonally (towards 11:00) on Right heel, step Left toe to Left side, Step slightly forward on Right toe dropping heel to floor
- 4,5,6** Step forward and Diagonally (towards 1:00) on Left heel, step Right toe to Right side, Step slightly forward on Left toe dropping heel to floor

## **CROSS ROCK, RECOVER**

- 1,2,3** Step Right foot across Left foot and forward, Step back on Left, step Right next to Left (Take Left hand And reach out as you step forward on your Right)

## **STEP LEFT ¼ TURN, STEP RIGHT ¾ TURN, STEP LEFT, CROSS, SIDE, STEP**

- 1,2,3** Step Left to Left side ¼ turn to Left, Step forward on Right as you bring Left to Right while turning ¾ turn to Left, Set Left foot down to Left side
- 4,5,6** Cross Right over Left, Step Left to Left side (Lean into this), Shift weight back to Right

## **TIC-TOC?S - CROSS, ½ TURN STEP, STEP TO SIDE, CROSS, ½ TURN STEP, STEP TO SIDE**

- 1,2,3 (TIC) Cross Left over Right, Step Right foot to Right side 1/2 turn to Left, Step Left foot to Left side**
- 4,5,6 (TOC) Cross Right over Left, Step Left foot Left side 1/2 turn to Right, Step Right foot to Right side**

### **CROSS ROCK STEP, RECOVER**

**1,2,3** Cross Left over Right, step back on Left, Step Left to Left side

### **SYNCOPATED CHASSE?S**

**1,2&3** Cross Right over Left, Step Left to Left side, Step Right next to Left, Step Left to Left Side

**4,5&6** Cross Right over Left, Step Left to Left side, Step Right next to Left, Step Left to Left Side

### **CROSS ROCK, RECOVER,CROSS ROCK, RECOVER**

**1,2,3** Cross Right over Left, shifting weight back to Left, step Right foot to Right side

**4,5,6** Cross Left over Right, sifting weight back to Right, stet Left foot to Right side

### **STEP, ¼ TURN, STEP BACK, STEP BACK, SYNCOPATED BACK LOCK**

**1,2,3** Step Right foot forward, Step Left foot forward ¼ turn to Left, Step Right foot back

**4,5&6** Step back on Left, Step back Right, Cross Left over Right (like a lock step but not behind), step back on Right

### **SYNCOPATED BACK LOCK, DEVELOPE?**

**1,2&3** Step back on Left, Step back Right, Cross Left over Right (like a lock step but not behind), step back on Right

**4,5,6** Men: Step back on Left, Drag Right foot for two (2) counts as you slide Right next to Left for a touch

**4,5,6 Women: Step back on Left, Lift Right Knee slightly up and extend Toe forward (Point toe) REPEAT!**

**Note: This Is dedicated to my Ballroom class at Southeastern Arkansas College?.Not enough Guys, so we did this for waltz. Thanks guys, for the dance! EMail / Website**