

IN YOUR ARMS

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Count: 64 **Wall:** — **Level:** —

Choreographer: Angela Pinnington & Peter Kimber

Music: If I Could Bottle This Up by Paul Overstreet

Position: Side by Side (Sweetheart) position

1-2 Step right across left, step back on left

3&4 Side shuffle right right, left, right

5-6 Step left across right, step back on right

7&8 Side shuffle left left, right, left

9&10 Right shuffle forward right, left, right

11&12 Left shuffle forward left, right, left

13-14 Rock forward onto right, recover onto left

15-16MAN: Step right $\frac{1}{4}$ turn right, step left next to right (facing OLOD)

15&16LADY: $\frac{3}{4}$ Turn right on triple step right, left, right (facing ILOD)

Release left hands, lady passes under raised right arms, rejoin hands when facing each other

17-18MAN: Step right to right, cross left behind right

LADY: Step left to left, cross right behind left

19-20MAN: Side shuffle right right, left, right

Release man's left, lady's right hands

LADY: Side shuffle left left, right, left

21-22MAN: Left rock left turning $\frac{1}{4}$ left (facing LOD), recover onto right

LADY: Right rock right turning $\frac{1}{4}$ right (RLOD), recover onto left

23&24MAN: Forward right diagonal cross shuffle left, right, left

LADY: Forward left diagonal cross shuffle right, left, right

Traveling forward, lady crosses in front of man changing places, changing hands. Lady behind man in front

25-26MAN: Right rock right, recover onto left

LADY: Left rock left, recover onto right

27&28MAN: Forward left diagonal cross shuffle right, left, right

Crossing as 23&24

LADY: Forward right diagonal cross shuffle left, right, left

29-30MAN: Left rock to left, recover onto right

LADY: Right rock to right, recover onto left

31&32MAN: Forward right diagonal cross shuffle left, right, left

Crossing as 23&24

LADY: Forward left diagonal cross shuffle right, left, right

33-34MAN: Right rock right, recover onto left

LADY: Left rock left, recover onto right turning $\frac{1}{4}$ right

35-36MAN: Step right across left, step left next to right

35&36LADY: $\frac{3}{4}$ Turn right on triple step left, right, left

Lady crosses in front of man, man changes hands to bring her back into side by side

BOTH:

37-38 Rock back on right, recover onto left

39&40 Right shuffle forward right, left, right

- 41-42** Left toe point forward, point left
43&44 Left back coaster step
45-46 Right toe point forward, point right
47&48 Right back coaster step

49-50 Step forward left, pivot ½ turn right

Release left hands, raise right

51&52 Left side shuffle turning ¼ right on first step left, right, left (both facing ILOD)

Release hands as you face ILOD, lady placing her hands on man's waist

53&54 Right side shuffle, turning ½ turn right on first step right, left, right (both facing OLOD)

Lady raises her hands to shoulder height, man places hands on lady's waist

55&56 Left side shuffle, turning ½ turn right on first step left, right, left (both facing ILOD)

Lady places hands on man's waist

57-58 Rock back on right, recover onto left

59&60 Right shuffle forward

61-62 Step forward on left, step right turning ¼ turn right (into LOD)

Lady releases hands on turn, resume Side By Side (Sweetheart) position

63&64 Right side cross shuffle

REPEAT