

# Ice Breaking (In The Heat of The Night)

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**Count:** —      **Wall:** 2      **Level:** Phrased Intermediate / Advanced

**Choreographer:** Jennifer Choo Sue Chin & Wendee Chen

**Music:** Splitting the Iceberg by Anita Mui

**Or : In The Heat of The Night by Sandra**

**Intro: 2x8 (6x8 using the English version)**

**Sequence (Chinese): A- A-AB AB A- A- A B-B+ A; (English): AB AB A- A- A- A B+ A (just follow the music!)**

**Part A (84 counts)**

**R KICK BALL POINT, SHOULDER JERKS X4, POINT AND POINT**

- 1&2**      Kick RF forward, Step RF in place, Point LF to left
- 3-6**      Jerk shoulders forward, Jerk shoulders back, Jerk shoulders forward, Jerk shoulders back
- &7&8**      Close LF to RF, Point RF to right, Close RF to LF, Point LF to left

**L KICK BALL POINT, SHOULDER JERKS X4, POINT AND POINT**

- 1&2**      Kick LF forward, Step LF in place, Point RF to right
- 3-6**      Jerk shoulders forward, Jerk shoulders back, Jerk shoulders forward, Jerk shoulders back
- &7&8**      Close RF to LF, Point LF to left, Close LF to RF, Point RF to right

**WALK WALK, OUT OUT IN CROSS, ROCKING CHAIR**

**1-2 RF Walk forward, LF walk forward**

- &3&4**      Step RF out, Step LF out, Step RF in, Cross LF in front of RF
- 5-8**      Rock RF forward, Replace LF, Rock RF back, Replace on LF

**TOE STRUTS WITH ½ TURN RIGHT**

**1-4 1/8 turn R stepping R toe forward, R heel down, 1/8 turn R stepping L toe forward, L heel down**

- 5-8**      Repeat 1-4 until you face the back wall. (6:00) [A- until here]

### **SYNCOPATED VINE RIGHT, ¼ TURN R, CLOSE**

**1-2&3** Step RF to R, Step LF behind RF, Step RF to R, Cross LF in front of RF

**4-5&6** Step RF to R, Step LF behind RF, Step RF to R, Cross LF in front of RF

**7-8 ¼ turn R Step RF forward, Step LF next to RF (9:00)**

### **FREESTYLE BODY ROLL, FEET SWITCHES**

**1-4** Freestyle body roll (can do Sexy Body Roll for 4 counts) with weight ending on LF

**5&6&** Hitch R knee, Close RF next to LF, ¼ turn left Put L heel forward, Close LF next to RF (6:00)

**7&8** Touch R toe next to LF, Close RF next to LF, Point LF to left side

### **SYNCOPATED VINE LEFT, ¼ TURN L, CLOSE**

**1-2&3** Step LF to L, Step RF behind LF, Step LF to L, Cross RF in front of LF

**4-5&6** Step LF to L, Step RF behind LF, Step LF to L, Cross RF in front of LF

**7-8 ¼ turn L Step LF forward, Step RF next to LF (3:00)**

### **FREESTYLE BODY ROLL, FEET SWITCHES**

**1-4** Freestyle body roll (can do Sexy Body Roll for 4 counts) with weight ending on LF

**5&6&** Hitch R knee, Close RF next to LF, ¼ turn right put L heel forward, Close LF next to RF (6:00)

**7&8** Touch R toe next to LF, Close RF next to LF, Point LF to left side

### **POINT, POSE, HOLD, ½ MONTEREY TURN R, POSE HOLD**

**&1** Close LF to RF, Point RF to right (crossing both fists at wrists above head)

**2-4** Hold the pose for 3 counts

**&5 ½ turn right Step RF next to LF, Point LF to left (drop both arms, palms open front) (12:00)**

**6-8** Hold the pose for 3 counts

### **POINT, POSE, HOLD, POINT, CROSS, SWING ARMS, UNWIND**

**&1** Close LF next to R, Point RF to right (Place L palm on back of neck and R arm pointing forward)

**2-4** Hold for 3 counts

**&5** Close RF next to LF, Point LF to L, (Bring both arms to next to R side)

- 6 Cross LF over RF (Swing L arm around over head to L side)  
7 Hold and Prep to full turn (Swing R arm around over head to L side)  
8 Unwind full right turn (sharp)

### **R ARM UP, HOLD**

- 1-4 Bring R arm straight up and look up, hold for 3 counts

### **Part B (60 counts) - Chorus**

#### **POINT, ¼ LEFT COASTER POINT AND POINT, ½ TURN FLICK, STEP, FORWARD SHUFFLE**

- 1-2& Point LF to left, ¼ turn left step back on LF, step RF next to LF (9:00)

- 3&4 Point LF forward, step LF next to RF, Point RF forward

#### **5-6 ½ turn left on ball on LF and flick RF behind, Step RF forward (3:00)**

- 7&8 Step LF forward, Step ball of RF next to LF, Step LF forward

#### **¼ CROSS POINT, DRAG, CROSS, ¼ LEFT BACK, BACK, BACK ROCK, REPLACE**

#### **&1 ¼ turn right crossing RF over LF, point LF to left and bend R knee (6:00)**

- 2-4 Drag LF towards RF on counts 2-3 and straighten R knee, cross LF over RF

#### **5-8 ¼ turn left stepping back on RF, step LF back, rock RF back, replace on LF (3:00)**

#### **(HEADACHE STEP!!) LEFT ½ TURN PADDLES, STEP, RIGHT ½ TURN PADDLES, STEP**

- 1-4 Paddle ½ turn left with RF 3 times, step RF forward on count 4 (9:00)

#### **Options: L palm next to forehead, R arm stretched out on right side**

- 5-8 Paddle ½ turn right with LF 3 times, step LF forward on count 8 (3:00)

#### **Options: R palm next to forehead, L arm stretched out on left side**

#### **½ HINGE TURN LEFT, BACK, R COASTER, BIG STEP FORWARD, TOUCH, KNEE POPS, ¼ TURN LEFT**

#### **1-2 3&4 ½ turn left stepping back on RF, step LF back, R coaster step (9:00)**

#### **5-6 LF big step forward, touch RF next to LF**

- 7-8 Pop L knee forward shifting weight to RF, ¼ turn left popping R knee forward shifting weight back to LF (6:00)

## **BACK, SIDE, FORWARD, HITCH, FORWARD, SIDE, BACK, HITCH**

- 1-3 Step RF diagonal back (facing 4:30), Step LF to left side (square to 3:00)
- 3-4 Step RF diagonal forward (facing 1:30), hitch L knee
- 5-6 Step LF forward (still facing 1:30), Step RF to right side (square to 12:00)
- 7-8 Step LF diagonal back (facing 10:30), hitch R knee

## **BACK, SIDE, FORWARD, HITCH, FORWARD, SIDE, BACK, HITCH**

- 1-2 Step back on RF (still facing 10:30), Step LF to left side (square to 9:00)
- 3-4 Step RF diagonal forward (facing 7:30), hitch L knee
- 5-6 Step LF forward (still facing 7:30), Step RF to right side (square to 6:00)
- 7-8 Step LF diagonal back (facing 4:30), hitch R knee

**[B- until here, square back to 6:00 step RF next to LF on count & and point L on count 1 of B+]**

## **PENGUIN BOX, HITCH RONDE, ANITA LUNGE, HOLD**

- 1 Step back on RF (square to 3:00) pushing R shoulder down
- 2 ¼ turn left stepping LF to left side pushing L shoulder down (12:00)
- 3 ¼ turn left stepping RF to right side pushing R shoulder down (9:00)
- 4 ¼ turn left stepping LF to left side pushing L shoulder down (6:00)
- &5-6 Bring RF next to LF, lift R knee and open out stepping down (feet apart) on count 6
- 7-8 Lunge to R by bending R knee with L leg stretched to L, Hold

## **HIP BUMPS SHIFTING WEIGHT TO LF, HITCH RF**

**1-4 4x Hip bumps to left and gradually shifting weight to LF (pop your shoulders up and down) and hitch R knee on the last count**

**(in B+, do a total of 8x hip bumps to left + hitch)**

**Enjoy!! In memory of the late Anita Mui, the “Madonna of Asia”.**

**Note: The Cantonese song version is very long, so feel free to trim it. You can omit both A-'s at the front and start dancing at the vocals (A) or fade off the music before it connects to B+!**

