

# LUCKY # 13

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**Count:** 32      **Wall:** 4      **Level:** Intermediate level

**Choreographer:** Michael G McKenzie

**Music:** It's All About Feeling Good by Paula Abdul (Album: Head Over Heels)

**INTRO: You will hear 8 beats then 32-counts of music, start on vocals Walk forward R,L; R touch; Step R with L knee pop (? Diagonal) ; Slide L backward on diagonal, bending R knee, optional arm movements; 1/2 turn L on diagonal; R touch; R kick forward**

- 1,2      Walk forward R, L
- 3      Touch R next to L Step R next to L, popping L knee toward L diagonal
- 5      Slide L backward on diagonal while bending R knee. Bring R forearm with clinched fist in front of chest and parallel to floor

**EASY: Touch L toe behind R without bending knee. Optional: arm movement.**

- 6      On ball of L make ½ turn L (on diagonal), transferring weight to L and straightening bent knee.
- 7,8      Tap R next to L; Low R kick forward

**STEP ON R; 1/2 R TURN ON DIAGOAN WITH LOW L HITCH; L TOE STRUT; TAP R NEXT TO L; LARGE STEP R; DRAG AND STEP L BEHIND R; HOLD**

- 1      Step on R
- 2      On ball of R make ½ turn R (on diagonal) with low L hitch
- 3,4 L toe strut**
- &5      Tap R next to L; take large step R squaring up to 9 o'clock wall
- 6      Drag L behind R, stepping on L
- 7,8      Cross R over L; HOLD

**STEP TO L; CROSS R OVER L; HOLD (CLAP); L TOE STRUT WITH 1/4 TURN; R TOE STRUT; L TOE STRUT WITH 1/2 TURN L**

- &1,2      Step slightly to L; cross R over L; Clap (HOLD)

**3,4 L toe strut, making ¼ turn L**

**5,6 R toe strut forward**

**7,8 L toe strut, making ½ turn L**

**VARIATION: Replace toe struts with hip bumps whenever you feel like it.**

**R FORWARD ON DIAGONAL; TOUCH L BEHIND R; R BESIDE L; L FORWARD ON DIAGONAL; TOUCH R; R - L HEEL SWITCHES; STEP L; R TOUCH; R KNEEL ROLL WITH 1/4 TURN**

- 1,2** Step forward on R diagonal; Touch L behind R
- &3,4** Step R next to L; Step forward on L diagonal; Touch R next to L
- 5&6** Touch R heel forward; Step R next to L; Touch L heel forward
- &7** Step L next to R; Touch R next to L
- 8** Roll R knee outward, making ¼ turn R

**NOTE: KEEP WEIGHT ON L AND START AGAIN. END OF DANCE \*\* MGM2 (AKA Michael G. McKENZIE)E-MAIL: [iammgm2@yahoo.com](mailto:iammgm2@yahoo.com)**