

# JACKED UP

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**Count:** —                      **Wall:** —                      **Level:** —

**Choreographer:** Benjamin Smart

**Music:** All Jacked Up by Gretchen Wilson

**Sequence:** AB, TAG, AB AA BA A(1-56) A

## PART A

### STEP KICK, SAILOR TWICE, BACK STEP

- 1-2            Step right to right side: kick left foot diagonally to left side
- 3&4           Step left behind right: step right slightly to right side: step to left side
- 5&6           Step right behind left: step slightly to left side: replace right to right side
- 7-8           Step back on left: replace right foot forward

### SHUFFLE STEP, HALF TURN, SHUFFLE, KICKBALL CHANGE

- 1&2           Step left foot forward: step right next to left: step left foot forward
- 3-4           Step right foot forward: pivot half turn left, stepping left foot forward
- 5&6           Step right foot forward: step left next to right: step right foot forward
- 7&8           Kick left foot forward: step back on left foot: replace on right

### CROSS, HOLD, TAP, HOLD, STEP BACK, HOLD, TAP, HOLD

- 1-2           Cross left over right: hold
- 3-4           Tap right to right side: hold
- 5-6           Step right behind left: hold
- 7-8           Tap left to left side: hold

### BOX STEP WITH ¼ TURN LEFT

- 1-2           Cross left over right: hold
- 3-4           Turn ¼ turn left and step back on right: hold
- 5-6           Step left to left side: hold
- 7-8           Tap right next to left: hold

### SHUFFLE ROCK BACK STEP TWICE

- 1&2** Step right to right side: place left next to right: step right to right side
- 3-4** Rock left foot back: replace weight to right
- 5&6** Step left to left side: step right next to left: step left to left side
- 7-8** Rock right foot back: replace weight to left

### **2 STEP ½ TURN PIVOTS, KICK, HITCH, KICK, SCUFF**

- 1-2** Step right foot forward: pivot ½ turn left weight on left
- 3-4** Repeat counts 1-2
- 5-8** Scuff right foot forward: cross right over left: scuff right foot forward: scuff right foot back

### **OUT, OUT, IN, IN**

- 1-2** Step right out diagonally right: hold
- 3-4** Step left out diagonally left: hold
- 5-6** Step right foot back: hold
- 7-8** Step left foot next to right: hold

### **FULL TURN, BODY ROLL**

- 1-3** Turn a full turn with weight on left
- 4** Finish with weight on right
- 5-7** Body roll (can be done front or side body roll)
- 8** Finish with weight on right

### **PART B**

#### **KICKS, SAILOR, DOUBLE KICK, LEFT SAILOR**

- 1-2** Cross left over right: kick right next left
- 3&4** Cross right behind left: step left to left side: cross right over left
- 5-6** Kick left foot twice next to right
- 7&8** Step left behind right: step right to right side: step left to left side

#### **TWIST STEP WITH ½ TURN**

- 1-2** Step right foot diagonally right with toe turned out: hold
- 3-4** Turn ¼ turn left and step left foot forward with toe turned out: hold
- 5-8** Turning a ¼ turn left, step right, left, right

**This step should look like you are twisting on the spot, while turning left, arms are held out to sides fingers splayed and shimmied like a jazz movement**

### **STEP DRAGS X 4**

- 1-2 Step right foot back: drag left next to right
- 3-4 Step left foot back: drag right next to left
- 5-6 Step right foot back: drag left next to right
- 7-8 Step left foot back: tap right next to left

### **MONTEREY, ¼ TURN TWICE WITH ROLLING VINE**

- 1-2 Turn ¼ to left, point right toe out to right side: turn ¼ to right replacing right foot to right side
- 3-4 Turn ¼ to right, point left toe out to right side: turn ¼ to left touching left foot next to right
- 5-8 Turn ½ to left stepping forward on left: turn ½ to left stepping back on right: turn ½ to left stepping forward on left: tap right next to left

- 1-8 Repeat these last 8 counts again

### **ROCK FORWARD & BACK, ROCK BACK, ROCK FORWARD, ¼ TURN, VINE**

- 1-2 Rock forward on right: replace weight to left
- 3-4 Rock back on right: replace weight to left
- 5-8 Turn ¼ to left stepping right to right side: step left behind right: step right to right side: tap left next to right

### **TAG**

### **ROCK, ¼ TURN, SHUFFLE TWICE**

- 1&2 Step left to left side: place right next to left: step left to left side
- 3-4 Rock back on right: replace weight to left while turning ¼ left
- 5&6 Step right to right side: place left next to right: step right to right
- 7-8 Turn ¼ left and step back on left: replace weight to right stepping to right to right side

### **SHUFFLE, ¼ TURN, KNEE TWISTS**

- 1&2 Step left to left side; place right next to left: step left to left side

**3-4** Rock back on right: replace weight to left while turning  $\frac{1}{4}$  left

**5-8** Point right to right side: twist right knee in with right toe pointed down: twist right knee out:  
straighten right knee with right toe pointed out to right side

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Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=49303](https://www.linedance.com/index.php?f=dance_view&id=49303)