

# MY EVERYTHING

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**Count:** 64      **Wall:** —      **Level:** —

**Choreographer:** Nigel Payne

**Music:** My First, My Last, My Everything by Barry White

**Position:** Man facing OLOD. Lady facing ILOD. Double hand hold. Opposite footwork. Man's steps stated

## SIDE ROCK, CROSS SHUFFLE, $\frac{3}{4}$ TURN, SHUFFLE

**1-2**      Rock right out to right side, recover on left,

**3&4**      Cross right over left, step left to left side, cross right over left

**Release both hands as you turn**

**5-6**      Make  $\frac{1}{4}$  turn right stepping back on left foot, on ball of left pivot  $\frac{1}{2}$  turn right stepping right foot forward,

**Lady turn  $\frac{3}{4}$  left, both now facing LOD**

**Pick up inside hands**

**7&8**      Step forward on left foot, step right beside left, step forward on left

## FULL TURN, SHUFFLE, ROCK-RECOVER, COASTER $\frac{1}{4}$ TURN

**Release hands on full turn, and pick up inside hands again after turn**

**9-10**      Make a full turn left traveling forward stepping right, left, (lady turns right)

**11&12**      Step forward on right, step left beside right, step forward on right,

**13-14**      Rock forward on left foot, recover back on right

**Release hands as you make the  $\frac{1}{4}$  turn**

**15&16**      Step back on left foot, step right beside left, step left foot  $\frac{1}{4}$  turn left

**Lady turn  $\frac{1}{4}$  right, man now facing ILOD, lady facing OLOD**

## STEP, PIVOT $\frac{1}{2}$ TURN, SHUFFLE, WEAVE, SHUFFLE

**17-18**      Step forward on right foot, pivot  $\frac{1}{2}$  turn left, (lady turns  $\frac{1}{2}$  right)

**Now both facing each other, man facing OLOD lady facing ILOD**

**19&20** Step forward on right, step left beside right, step forward on right

**As you both shuffle forward you will pass right shoulder to right shoulder**

**21-22MAN: Cross left over right, step right to right side**

**LADY: Step right to right side, cross left over right**

**On counts 21-22 you will pass back to back**

**23&24** Step back on left, step right beside left, step back on left foot

**As you both shuffle back you will pass left shoulder to left shoulder**

**SIDE-ROCK RECOVER WITH  $\frac{1}{4}$  TURN, SHUFFLE, WALK, WALK, SHUFFLE**

**25-26** Rock right out to right side, recover on left making a  $\frac{1}{4}$  turn left,

**Lady turn right, both now facing LOD**

**Pick up inside hands**

**27&28** Step forward on right foot, step left beside right, step forward on right

**29-30** Walk forward left, right

**31&32** Step forward on left, step right beside left, step forward on left

**TURN, CLAP, TURN, CLAP, STEP, CLAP, SHUFFLE**

**Release hands for turns**

**33-34** Make  $\frac{1}{2}$  turn left stepping back on right, clap (lady turns  $\frac{1}{2}$  right)

**35-36** Make  $\frac{1}{2}$  turn left stepping forward on left, clap, (lady turns  $\frac{1}{2}$  right)

**37-38** Step forward on right foot, clap

**Both facing LOD**

**Pick up inside hands**

**39&40** Step forward on left, step right beside left, step forward on left

**ROCK-RECOVER,  $\frac{1}{4}$  CHASSE, WEAVE, POINT**

**41-42** Rock forward on right, recover back on left

**Double hand hold**

**43&44** Step right ¼ turn right, step left next to right, step right to right side, (lady turns ¼ left)

**45-48** Cross left over right, step right to right side, cross left behind right, point right to right side

**Lady starts weave by crossing right over left**

**CROSS, ¼ TURN, ¼ CHASSE, CROSS ROCK- RECOVER, CHASSE ¼ TURN**

**Release mans right, ladies left as you both turn**

**49-50** Cross right over left, make ¼ turn right stepping back on left foot, (lady turns ¼ left)

**51&52** Step right ¼ turn right, step left next to right, step right to right side, (lady turns ¼ left)

**Both are now back to back, man facing ILOD, lady facing OLOD, hands join at waist height**

**53-54** Cross rock left over right, recover on right

**55&56** Step left to left side, step right next to left, step left ¼ turn left, (lady turns ¼ right)

**Release mans right, ladies left as you both turn**

**STEP PIVOT ¼ TURN, CROSS SHUFFLE, SIDE ROCK-RECOVER, CROSS, HOLD**

**57-58** Step forward on right, pivot ¼ turn left, (lady turn ¼ right)

**Now both are facing each other, man facing OLOD, lady facing ILOD**

**Double hand hold**

**59&60** Cross right over left, step left to left side, cross right over left

**61-62** Rock left out to left side, recover on right

**63-64** Cross left over right, hold

**REPEAT**

**This dance is dedicated to Pete & Becky from our couples class, who ask if I could write a couples dance to this track. Thanks for asking**