

Live For Today (□□□□)

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Count: 32 **Wall:** 4 **Level:** Intermediate

Choreographer: Doug & Jackie Miranda

Music: If Tomorrow Never Comes by Ronan Keating

□□□

Cross Rock, Recover, ½

Turn Right Sweep Triple Step, Rock Forward, Recover, Step Lock Back

□□□□ , □□ , □□□□ , □□ □□ , □□□

1-2

Cross rock right over left, recover on left

□□□□□□□□ , □□□□

3&4

Sweep right into a ½

turn right as you triple step right, left, right

□□□□□□ 180° -□ , □ , □

5-6

Rock forward on left,

recover on right

□□□□□ , □□□□

7&8

Step back on left, cross right over left, step back on

left

□□□□ , □□□□□□□□ , □□□□

□□

Touch Right Behind, Unwind

½ Turn Right, Step Lock Forward, Cross Rock And Cross Rock

□□ □□ , □□□ , □□□□ , □□ □ □□ , □□

1-2

Touch right behind left,

unwind ½ turn right with weight ending on right

□□□□□□ , □□□ 180□□□□□□

3&4

Step forward on left,

lock right behind left, step forward on left

□□□□ , □□□□□□□□ , □□□□

5-6

Cross rock right over

left, recover on left

□□□□□□□□□□ , □□□□

&7-8

Step right next to left,

cross rock left over right, recover on right

□□□□ , □□□□□□□□□□ , □□□□

□□□

1 ¼ Turn Left, Cross,

Side, Behind; Side Sways, Behind, Side, Cross

1/4 1/2 1/2, □□ , □ , □ , □□ , □ □ □

1&2

Turn 1/4 turn left

stepping left to left side, turn 1/2 turn left stepping right to right side,

turn 1/2 turn left stepping left to left side, slightly dragging right

□□ 90□□□□ , □□ 180□□□□ , □□ 180□□□□□□□□

3&4

As you continue to drag

right, cross right over left, step left to left side, step right behind left

□□□□□□□□ , □□□□ , □□□□□□□□

5-6

Sway to left side, sway to

right side with weight ending on right

□□□ , □□□□□□□□

7&8

Slightly drag left

behind right, step right to right side, cross left over right □□□□□□□□ , □□□□ ,

□□□□□□□□

□□□

Long Step To Right, 1/4 Left

With Cross Touch, Step Lock Forward; Step Forward, 1/2 Turn Left With Cross

Touch; 3/4 Turn Left Triple Step

□ 1/4□□□ , □□□ , □ □□□ , □ 1/4 1/2

1-2

Take a long step to

right side on right, slide left towards right and cross touch left over right

as you turn 1/4 left (weight is still on right)

□□□□□ , □□□□□ 90□□□□□□□ (□□□□□)

3&4

Step forward on left,

lock right behind left, step forward on left

□□□□ , □□□□□□□ , □□□□

5-6

Step forward on right,

turn 1/2 turn left on the ball of right as you slide and cross touch left over

right, Weight is still on right

□□□□ , □□ 180□□□□□□□□ (□□□□□)

7&8

Step forward on left, turn 1/4 left turn as you step

right to right side, turn 1/2 turn left as you step left to left side

□□□□ , □□ 90□□□□□ , □□ 180□□□□□