

Can't Stop

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Count: 116 **Wall:** 2 **Level:** Phrased Intermediate

Choreographer: Tomohiro Iizuka & Jinsuk Kim (Japan & Korea) May 2014

Music: Can't Stop - CNBlue (K-pop)

Sequence: AA,B,CCC,Tag1,AA,B,CCC,Tag2,B'CC

A-16 Counts (Slow)

[1-8] STEP R TO SIDE , BEHIND, SIDE, STEP L CROSS WITH SWEEP R, CROSS,1/2 R TURN,STEP R SIDE,CROSS L & SWEEP R ,CROSS R, L COASTER STEP

- 1,2&** Step R to right(1),Step L behind R(2), Step R to right (&)
- 3,4&** Step L across right with Sweep R to forward(3), Step R across left(4), Making 1/4 right turn
Step L to back(&) (3:00)
- 5,6,** Making 1/4 right turn Step R to side(5), Step L across right with Sweep R(6)(6:00)
- 7&8&** Step R across left(7),Step L to back(&), Step R beside left(8), Step L to forward(&)

[9-16] STEP R, STEP L, PIVOT 1/2 R TURN, STEP L, STEP R, PIVOT 1/2 L TURN, STEP R & SWEEP L, CROSS, BACK, L BACK ROCK, RECOVER, STEP L , HITCH R

- 1,2&** Step R to forward(1), Step L to forward(2), Pivot 1/2 right turn(weight on R)(&)
- 3,4&** Step L to forward(3), Step R to forward(4),Pivot 1/2 left turn(weight on L)(&)
- 5,6&** Step R to forward with Sweep L to forward(5),Step L across right(6),Step R to back(&)
- 7&** Rock L to Back(7),Recover R(&),
- 8&** Step L to forward(8),Hitch R (&)(6:00)

(option) Hitch -> Full Turn

- 8&** Step L to forward(8),Full turn right & Hook R (weight on L)(&)(6:00)

B-32 Counts

[1-8] STEP R, POINT L, BACK L, POINT R, 1/4 R TURN R SAILOR STEP, FORWARD L COASTER STEP

- 1,2,3,4** Step R to forward(1), Point L toe to left(2), Step L to back(3), Point R toe to right(4)
- 5&6,** Step R behind left(5), Step L to left(&), Making 1/4 right turn Step R to forward(6)(3:00)
- 7&8** Step L to forward(7), Step R beside left(&), Step L to back(8)

[9-16] BACK RL , R COASTER STEP, MODIFIED LOCKS STEPS

- 1-2 Step R to Back(1), Step L to Back(2)
- 3&4 Step R to back(3), Step L beside right(&), Step R to forward(4)
- 5&6 Step L diagonally forward(5),Lock R behind left(&), Step L diagonally forward(6)
- &7& Step R diagonally forward(&),Lock L behind right(7), Step R diagonally forward(&)
- 8 Step L to forward(8)(3:00)

(option)Back Walk X 2->Full R Turn to back

- 1,2, Making 1/2 right turn Step R to forward(1), Making 1/2 right turn Step L to back(2)

[17-24] STEP R, POINT L, BACK L, POINT R, 1/4 R TURN R SAILOR STEP, FORWARD L COASTER STEP

- 1,2,3,4 Step R to forward(1), Point L toe to left(2), Step L to back(3), Point R toe to right(4)
- 5&6, Step R behind left(5), Step L to left(&), Making 1/4 right turn Step R to forward(6)(6:00)
- 7&8 Step L to forward(7), Step R beside left(&), Step L to back(8)

[25-32] BACK RL , R COASTER STEP, MODIFIED LOCKS STEPS,TOUCH L, 1/2 L TURN HITCH L

- 1-2 Step R to Back(1), Step L to Back(2)
- 3&4 Step R to back(3), Step L beside right(&), Step R to forward(4)
- 5&6 Step L diagonally forward(5),Lock R behind left(&), Step L diagonally forward(6)
- &7 Step R diagonally forward(&),Touch L behind right(7),
- 8 Making 1/2 left turn HITCH L (12:00)

(option) Back Walk X 2 -> Full R Turn to back

- 1,2, Making 1/2 right turn Step R to forward(1), Making 1/2 right turn Step L to back(2)

C-32 Counts

[1-8] BEHIND,SIDE,L CROSS SHUFFLE, 1/4 R TURN STEP R, STEP L, PIVOT 1/4 R TURN, CROSS L

- 1,2 Step L behind right(1), Step R to right(2)
- 3&4 Step L across right(3),Step R to right(&),Step L across right(4)
- 5,6 Making 1/4 right turn Step R to forward(5),Step L to forward(6)(3:00)

7,8 Pivot 1/4 right turn L (weight on R)(7), Step L across right (8)(6:00)

[9-16] R VINE 2 ,1/2 MONTEREY TURN R, L MAMBO STEP

1,2 Step R to right (1), Step L behind right(2)

3,4 Point R toe to right(3). Turning 1/2 right Step R beside left(4)

5,6 Point L toe to left(5). Touch L beside right(6)

7,8 Rock L to back(7), Recover R beside left(&), Step L to forward(8)(6:00)

[17-24] MODIFIED DIAGONAL STEPS

1.2 Making 5/8 left turn Step R diagonally back(1),Touch L beside right(2)(4:30)

3,4 Step L forward(3),Touch R beside left(4)

5.6 Making 5/8 left turn Step R diagonally back(5),Touch L beside right(6)(10:30)

7,8 Step L forward(7),Touch R beside left(8)

[25-32] BALL CHANGE CROSS L,1/2 L TURN BACK R, 1/4 L TURN SIDE L, POINT R, FULL TURN, BALL CHANGE CROSS L, R SIDE

&1,2 Ball Change to R (&),Making 1/2 right turn Step L to forward(1)(1:30), Making 1/2 left turn Step R to back(2)(7:30)

3,4 Making 1/4 left turn Step L to left (3), Point R toe to right(4)(4:30)

5,6 Making 1/4 right turn Step R to forward(5), Making 1/2 right turn Step L to back(6)(1:30)

&7,8 Making 3/8 right turn Step R to diagonally right(&), Step L across right(7), Step R to right(8)(6:00)

(easy option) Full Turn-> Walk X 2

5,6 Step R to forward(5), Step L to forward(6)

&7,8 Making 1/8 left turn Step R to diagonally right(&), Step L across right(7), Step R to right(8)(6:00)

Tag1- 4 Counts

1-3 Hold(weight on R)

4 Making 1/2 left turn Step L to forward(12:00)

Tag2- 8 Counts from (6:00) wall

1-7 Hold(weight on R)

8 Making 1/2 left turn Step L to forward(12:00)

B'-24 Counts

[1-8]Night Club Basic RLR, Big Step L to left, 1/4 R turn & Back Rock Recover

1,2& Big Step R to right(1), Rock L behind right(2), Recover R(&)

3,4& Big Step L to left(3), Rock R behind left(4), Recover L(&)

5,6& Big Step R to right(5), Rock L behind right(6), Recover R(&)

7,8& Big Step L to left(3), Making 1/4 right turn Rock R to back(4), Recover L(&)(3:00)

[9-24]counts are the same as B[17-32].

Contacts:-

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