

# Enjoy Yourself

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**Count:** 32                      **Wall:** 4                      **Level:** Improver

**Choreographer:** Kim Swan (UK) Nov 07

**Music:** Enjoy Yourself by Prince Buster & Jools Holland, Best of Friends CD (134 bpm)

**Intro: At start of second verse - after 32 counts.**

## **SECTION 1: Right shuffle, Left Shuffle, Rock, Recover, Triple 1/2 turn right**

- 1 & 2        Shuffle forward stepping right, left, right
- 3 & 4        Shuffle forward stepping left, right, left
- 5 - 6        Rock forward on right, Recover on left
- 7 & 8        Triple Step 1/2 turn right stepping right, left, right

## **SECTION 2: Left Shuffle, Right Shuffle, Pivot 1/4 right, Cross Shuffle**

- 1 & 2        Shuffle forward stepping left, right, left
- 3 & 4        Shuffle forward stepping right, left, right
- 5 - 6        Step left forward, Pivot 1/4 turn right
- 7 & 8        Cross left over right, Step right to right, Cross left over right

## **SECTION 3: Right, Behind, 1/4 right shuffle, Rock, Recover, Coaster**

- 1 - 2        Step right to right side, Cross left behind right
- 3 & 4        Making 1/4 turn right, Shuffle forward stepping right, left, right
- 5 - 6        Rock forward on left, Recover on right
- 7 & 8        Step back left, Step right beside left, Step forward left

## **SECTION 4: Heel Switches completing 1/4 turn left, Step right, left, right, Pivot 1/2 left**

- 1 &        Touch right heel forward, Step right beside left
- 2 &        Touch left heel forward, Step left beside right
- 3 &        Touch right heel forward, Step right beside left
- 4 &        Touch left heel forward, Step left beside right

**Note: During steps 1 to 4&, complete 1/4 turn left**

- 5 - 6        Step right forward, Step left forward

**Option: Make full turn left stepping right, left**

**7 - 8** Step right forward, Pivot 1/2 turn left

**Begin again.**

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Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=74048](https://www.linedance.com/index.php?f=dance_view&id=74048)