

MIXED UP MESS

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Count: 63

Wall: 2

Level: beginner/intermediate

Choreographer: Lesley McIvor & Trevor Eaton

Music: Mixed Up Mess Of A Heart by Danni Leigh

- 1-2** Touch right heel at 45 degrees, hold
- 3-4** Touch right toe across left, hold
- 5-6** Touch right heel at 45 degrees right, hold
- 7-8** Hook right heel across left leg, hold
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- 9-12** Step right to right side, left in front of right, right to right side, left behind right
- 13-16** Touch right toe to right side, while turning $\frac{1}{2}$ to right step right next to left, touch left to left side, step left together
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- 17-20** Right heel at 45 degrees, step right together, left heel at 45 degrees, left together
- 21-24** Right forward on right at 45 degrees, lock left behind right, step forward on right, scuff left foot forward
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- 25-28** Left forward on left at 45 degrees, lock right behind left, step forward on left, scuff right foot forward
- 29-32** Step forward on right turning $\frac{1}{2}$ to left, hold. Step back on left while turning $\frac{1}{2}$ to left, hold

On the bridge in the music, only dance through count 32 before starting over at the beginning.

- 33-36** Vine to the right scuff left foot
- 37-40** Vine to the left scuff right foot

- 41-44** Step forward on right, hold, step forward on left, hold
- 45-48** Step forward on right, step forward on left, step back on right, hold
- 49-52** Step back on left, hold, step back on right, hold
- 53-56** Step back on left, step back on right, step forward on left, hold
- 57-60** Step back on right while turning $\frac{1}{2}$ to right, hold, step forward on left while turning $\frac{1}{2}$ to right, hold
- 61-64** Turning full turn to the right stepping right, left, right, left keep weight on the left(this is done in a back kicking motion)

REPEAT