

Boss Lao Da

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Count: 64

Wall: 4

Level: Phrased Low Intermediate

Choreographer: GS Ang (Jan 2011)

Music: Lao Da by Jessy

Sequence Of Dance: AA/BB/A(16)A/tag/AA/BB/BB/A/Ending

Start after 36 counts of hard beats.

SECTION A

BACK & FORWARD CHA CHA BASICS

- 1-2 Rock right forward, recover onto left
- 3&4 Back cha cha on RLR
- 5-6 Rock left back, recover onto right
- 7&8 Forward cha cha on LRL

PADDLE 1/4 TURN LEFT X 2, CROSS-POINT X 2

- 1-2 Step right forward, 1/4 turn left shifting weight onto left
- 3-4 Step right forward, 1/4 turn left shifting weight onto left
- 5-6 Cross right over left, point left to left side
- 7-8 Cross left over right, point right to right side

FORWARD ROCK, TRIPLE 1/2 TURN RIGHT, FORWARD ROCK, TRIPLE 1/4 TURN LEFT

- 1-2 Rock right forward, recover onto left
- 3&4 Triple 1/2 turn right on RLR
- 5-6 Rock left forward, recover onto right
- 7&8 Turning 1/4 left, cha cha to left side on LRL

RIGHT & LEFT NEW YORKER

- 1-2 Cross right over left, recover onto left
- 3&4 Cha cha to right side on RLR
- 5-6 Cross left over right, recover onto right
- 7&8 Cha cha to left side on LRL

SECTION B

HIP BUMPS, BEHIND, SIDE, CROSS, HOLD

1-4 Touching right forward to right diagonal, bump hips to the left 4 times

(For male bosses, fold both arms in front of chest and for lady bosses, put both palms akimbo on hips)

5-6 Cross right behind left, step left to left side

7-8 Cross right over left, hold

HIP BUMPS, BEHIND, SIDE, CROSS, HOLD

1-4 Touching left forward to left diagonal, bump hips to the right 4 times

(For male bosses, fold both arms in front of chest and for lady bosses, put both palms akimbo on hips)

5-6 Cross left behind right, step right to right side

7-8 Cross left over right, hold

RIGHT DIAGONAL SHOOP WITH SCUFF, LEFT & RIGHT TOE STRUTS

1-2 Step right forward along right diagonal, step left together

3-4 Step right forward again, scuff left forward

5-6 Touch left toes forward, step left heel down

7-8 Touch right toes forward, step right heel down

LEFT DIAGONAL SHOOP WITH SCUFF, RIGHT TOE STRUT, LEFT TOE STRUT 1/4 TURN LEFT

1-2 Step left forward along left diagonal, step right together

3-4 Step left forward again, scuff right forward

5-6 Touch right toes forward, step right heel down

7-8 Turning 1/4 left touch left toes forward, step left heel down

TAG : 1-4 Rocking chair on RLRL

ENDING: after the last A, there are 4 counts of music left.

Dance the following 4 counts to face the home wall again.

1-4 Step right forward, pivot 1/2 turn left, step right forward, pose.

Contact: www.sjlinedancer.blogspot.com

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=81792