

Love Yourself

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Count: 32 **Wall:** 4 **Level:** Improver

Choreographer: Mel Schwendemann & Claudia Beeler - Feb. 2016

Music: "Love Yourself" by Justin Bieber (BPM 100)

Tag: 16 Counts 2x after Wall 8 - Contra Clockwise, WCS

Section 1 - Walk, Walk, Out, Out, Hold, Ball Cross Point, Hold

1RF Walk Forward

2LF Walk Forward

3RF Step to Right

4LF Step to Left

5 Hold

&LF Next to RF

6RF Step cross over LF

7LF Point left

8 Hold

Section 2 - Behind, ¼ Turn Right Step Forward, Point, Back 3x, Together

1LF behind RF

2RF ¼ Turn Right, RF Step Forward

3LF Step Forward

4RF Point in Front

5RF Step Back

6LF Step Back

7RF Step Back

8LF Next to RF

Section 3 - Full Turn to Right, Touch Together, Full Turn to Left, Touch Together

1RF $\frac{1}{4}$ Turn Right Step Forward

2LF $\frac{1}{4}$ Turn Right Step Left

3RF $\frac{1}{2}$ Turn Right Step Right

4LF Touch by RF and Snip your Fingers

5LF $\frac{1}{4}$ Turn Left Step Forward

6RF $\frac{1}{4}$ Turn Left Step Right

7LF $\frac{1}{2}$ Turn Left Step Left

8RF Touch by LF and Snip your Fingers

Section 4 - Hip Lift 2x, Step $\frac{1}{2}$ Turn Left, Walk in Place 2x

1RF Touch in Front, Hip Move up

2RF Step Forward

3LF Touch in Front, Hip Move up

4LF Step Forward

5RF Step in Front

6RF $\frac{1}{2}$ Turn Left, Wight on LF

7RF Step Next to LF

8LF Step Next to RF

TAG, Dance Twice, after Wall 8

Kick Ball Sweep, Cross Side Behind, Hip Bump Together, Step Turn Right

1RF Kick in Front

&RF Step Forward

2LF Sweep to the Front

3LF Step Cross RF

&RF Step Right

4LF Step Behind RF

5RF Touch Right, Hip Bump Right

6RF Next to LF

7LF Step in Front

8LF ½ Turn Right, Wight on RF

Kick Ball Sweep, Cross Side Behind, Hip Bump Together, Step Turn Left

1LF Kick in Front

&LF Step Forward

2RF Sweep to the Front

3RF Step Cross LF

&LF Step Left

4RF Step Behind LF

5LF Touch Left, Hip Bump Left

6LF Next to RF

7RF Step in Front

8RF ½ Turn Left, Wight on LF

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