

# MAMBO ROCK

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**Count:** 48

**Wall:** —

**Level:** —

**Choreographer:** Michelle Chandonnet & Marc Archambault

**Music:** Seven Nights To Rock by BR5-49

**Position:** Open double hand hold. Partners face each other

To add style and have fun, do all Rock Steps with the Mambo style.

## ROCK STEP, STEP TOGETHER, HOLD, ROCK STEP, STEP TOGETHER, HOLD

**1-2MAN:** Rock forward left, rock back right

**LADY:** Rock back right, rock forward left

**3-4MAN:** Step left beside right foot, hold

**LADY:** Step right beside left foot, hold

**5-6MAN:** Rock back right, rock forward left

**LADY:** Rock forward left, rock back right

**7-8MAN:** Step right beside left foot, hold

**LADY:** Step left beside right foot, hold

## STEP ¼ TURN, SLIDE, STEP FORWARD, BRUSH, JAZZ BOX, STOMP

**1-2MAN:** Step left ¼ turn left, slide right beside left foot

**LADY:** Step right ¼ turn right, slide left beside right foot

**3-4MAN:** Step forward left, brush right

**LADY:** Step forward right, brush left

**5-6MAN:** Cross right over left foot, step back on left

**LADY:** Cross left over right foot, step back on right

**7-8MAN:** Step right beside left foot, stomp left (weight on left)

**LADY:** Step left beside right foot, stomp right (weight on left)

## **SIDE ROCK STEP, STEP TOGETHER, HOLD, SIDE ROCK STEP, STEP TOGETHER, HOLD**

- 1-2 Rock right to right side, rock back on left
- 3-4 Step right beside left foot, hold
- 5-6 Rock left to left side, rock back on right
- 7-8 Step left beside right foot, hold

## **STEP, HOLD, STEP, HOLD, STEP, STEP, STEP, HOLD**

- 1-2 Step right lightly forward moving right hip left, hold
- 3-4 Step left lightly forward moving left hip right, hold
- 5 Step right lightly forward moving right hip left
- 6 Step left lightly forward moving left hip right
- 7 Step right lightly forward moving right hip left
- 8 Hold

## **ROCK STEP, STEP TOGETHER, HOLD, ROCK STEP, STEP TOGETHER, HOLD**

- 1-2 Rock forward left, rock back right
- 3-4 Step left beside right foot, hold
- 5-6 Rock back on right, rock forward left
- 7-8 Step right beside left foot, hold

## **STEP, LOCK, STEP, BRUSH, STEP ¼ TURN, STEP, STEP, STEP**

- 1-2 Step forward left, lock step right behind left foot
- 3-4 Step forward left, brush right forward

**5-6MAN: Step right ¼ turn right, step left beside right foot**

**LADY: Step right ¼ turn right, step left forward**

**7-8MAN: Step right in place, brush left**

**LADY: Pivot ½ turn right on both feet, step left beside right foot**

**REPEAT**