

ALL OR NOTHING

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Count: 64 **Wall:** 2 **Level:** advanced

Choreographer: Lisa Foord & Julie & Dave Molkner

Music: Big Bad Broken Heart by Regina Regina

TWO KICK BALL CHANGES, STEP ¼ TURN, STOMP RIGHT, KICK LEFT

- 1&2** Kick right forward, step right slightly back, step left in place (kick ball change)
- 3&4** Repeat kick ball change
- 5-6** Step forward on right, turn ¼ turn left placing weight on left
- 7-8** Stomp right beside left, kick left to left side

TWO SAILOR SHUFFLES, TWO STOMPS CLAPS

- 1&2** Cross/step left behind right, step right to right side, step left to left side
- 3&4** Cross/step right behind left, step left to left side, step right to right side
- 5-8** Stomp left forward, clap, stomp right forward, clap

ROCK FORWARD, BACK ½ TURN, STEP BRUSH, ROCK FORWARD, BACK & HEEL, & STEP BRUSH

- 1-4** Rock forward on left, rock back on right turning ½ left step forward on left brush right forward
- 5-6&7&8** Rock forward on right, rock back on left, rock back on right & touch left heel forward, step forward on left, brush right forward

TWO TOE STRUT, MONTEREY ¾ TURN

- 1-4** Step forward on right toe, drop heel, step forward on left toe, drop heel
- 5-6** Point/touch right toe to right side, pivot ¾ turn right to step right beside left
- 7-8** Point/touch left toe to left side, touch left toe beside right

TWO LEFT HEEL JACKS, TWO RIGHT HEEL BALL JACKS

- &1&2** Step back on left & touch right heel at 45 degrees right, step right in place & touch left toe together
- &3&4** Step back on left & touch right heel at 45 degrees right, step right in place & step left together

&5&6 Step back on right & touch left heel at 45 degrees left, step left in place & touch right toe together

&7&8 Step back on right & touch left heel at 45 degrees left, step left in place & touch right together

STOMP RIGHT SIDE, HOLD, STOMP LEFT SIDE, HOLD, ROLL RIGHT KNEE ROLL LEFT KNEE

1-4 Stomp right to right side, hold, stomp left to left side, hold

5-8 Roll right knee out (2 beats), roll left knee out (2 beats)

RIGHT HEEL, CROSS TOE, HEEL TOUCH BACK, FORWARD LOCK SHUFFLE

1-4 Touch right heel forward, touch right toe cross left, touch heel forward, touch toe back

5-6-7&8 Step right forward, lock left behind right, shuffle forward right-left-right

ROCKING HORSE, STEP PIVOT, STEP FORWARD, TOUCH & CLAP

1-4 Rock forward left, step right in place, rock back on left, step right in place

5-8 Step left forward, pivot ½ turn over right, step forward left, touch right beside left & clap

REPEAT