

# DEM BONES

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**Count:** 32                      **Wall:** 4                      **Level:** beginner/intermediate

**Choreographer:** Anne Harris & Steve Yoxall

**Music:** Drinkin' Bone by Tracy Byrd

## TOE AND HEEL SWITCHES, KICK BALL CHANGE, KNEE ROLLS MAKING ¼ TURN LEFT

- 1            Point right toes out to right side
- &2         Switch and point left toes out to left side
- &3         Switch and touch right heel forward
- &4         Switch and touch left toe behind
- 5&6       Kick left forward, small step back on left, recover weight on to right
- 7           Roll left knee to the left at same time as making ¼ turn left
- 8           Roll right knee to the left (weight on right)

## ROCK, RECOVER, ROCK AND SIDE, TOE AND HEEL SWIVELS

- 1-2        Left rock forward, recover weight back on to right
- 3&4        Left rock back, recover weight on to right, left step slightly to left side
- 5           Traveling to left side bring heels towards each other
- &           Bring toes towards each other
- 6           Bring heels towards each other
- &           Bring toes towards each other
- 7           Bring heels towards each other
- &           Bring toes towards each other
- 8           Bring heels towards each other

**All these moves are traveling steps like a side winder movement**

**Easy option: just swivel heels, toes, heels, toes, heels, toes, heels to left side**

## STEP, TOGETHER, STEP, TOGETHER, STEP, ROCK, RECOVER, LEFT ½ TURN SHUFFLE

- 1-2        Right step forward, left instep close to right heel (3rd position)
- 3&4        Right step forward, left instep to right heel, right forward

**5-6** Rock forward on to left, recover weight back on to right

**7&8** Turning to left make  $\frac{1}{2}$  turn and shuffle forward left, right, left

**STEP,  $\frac{1}{2}$  PIVOT, OUT, OUT, SWAY RIGHT, LEFT, RIGHT, LEFT**

**1-2** Right step forward, pivot  $\frac{1}{2}$  turn left (weight on left)

**3-4** Step right to right side, step left to left side

**5-8** Sway hips to right, left, right, left (weight ends up on left)

**REPEAT**

**RESTART**

**On the 6th wall (you will start facing 9:00) do the first 28 counts of the dance (drop the hip sways) and then restart from the beginning.**

**ENDING**

**After you restart the dance go up to the  $\frac{1}{2}$  turn pivot, add a step  $\frac{1}{4}$  turn pivot. You will now be facing the front and then sway.**