

# HANGING ON

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**Count:** 60      **Wall:** 4      **Level:** beginner

**Choreographer:** Michael Vera-Lobos

**Music:** Hearts Are Gonna Roll by Hal Ketchum

- 1&2** Shuffle side right (right-left-right)
- 3&4** Shuffle side right crossing left over right (left-right-left)
- 5&6** Shuffle side right (right-left-right)
- 7-8** Cross left toe over right turning  $\frac{1}{4}$  turn right, slap left heel down
- 9-12** Kick right to side, cross right over left, unwind  $\frac{1}{2}$  turn left, stomp right foot in front of left
- 13-16** Bending upper body shimmy down for 2 beats raising upper body shimmy up for 2 beats
- 17&18** Turning body  $\frac{1}{4}$  turn left shuffle side right (right-left-right)
- 19&20** Shuffle side right crossing left over right (left-right-left)
- &21** Turning  $\frac{1}{4}$  turn right syncopated jump right-left apart right 45 degrees in front of left
- 22** Slide left foot beside right
- 23-24** Step left to left side rocking left, then rock onto right
- 25-27** Step left forward, rock right back
- &28** Triple step left-right-left
- 29-31** Step right back, rock left forward
- &32** Triple step right-left-right
- 33-34** Step left forward, pivot  $\frac{1}{2}$  turn right
- 35&36** Shuffle forward left (left-right-left)
- 37-40** Step forward right pivot  $\frac{1}{2}$  turn left, step forward right pivot  $\frac{1}{2}$  turn

- 41&42** Shuffle forward right (right-left-right)
- &43** Syncopated step left-right, right 45 degrees in front of left
- 44** Slide left to meet right
- 45-48** Turn full turn right (right-left-right), cross left over right
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- 49-52** Step right to side, cross left behind right, step right to side, tap left beside right
- 53-56** Turn full turn left (left-right-left), cross right over left
- 57-60** Step left to side, cross right behind left, step left to side, tap right beside left

**REPEAT**