

COOIN' & A WOONIN'

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Count: 32

Wall: 2

Level: intermediate

Choreographer: Michael Barr

Music: Itty Bitty Little Single Solitary Piece Of My Heart by Lari White

CROSS-BALL-CHANGE, CROSS- $\frac{1}{4}$ LEFT - $\frac{1}{4}$ LEFT, $\frac{1}{4}$ TURN COASTER, BRUSH-BRUSH-BRUSH

- 1&2** Cross step left behind right, step ball of right side right, step left side left
- 3&4** Cross step ball of right behind left, step left into $\frac{1}{4}$ turn left, step right into $\frac{1}{4}$ left stepping side right
- 5&6** Turning on ball of right $\frac{1}{4}$ left step back on ball of left, step ball of right next to left, step left forward
- 7&8** Brush right forward, brush right across left shin, touch right toe on left side of left foot

Option: Keeping right toe on the floor, draw a circle crossing over the left foot (7), touch right on left side of left foot (8)

FORWARD, TOUCH, FORWARD, TOUCH, FORWARD, TOUCH, BACK $\frac{1}{4}$ LEFT, TOGETHER

Styling: Place hands on top of thighs, finger facing down, elbows bent out to the sides

- 1-2** Step right forward, touch left forward
- 3-4** Step left in place, touch right forward
- 5-6** Step right in place, touch left forward
- 7-8** Take big step back on left turning $\frac{1}{4}$ left, step right next to left (pop the left knee forward)

KICK-BALL-FORWARD, WALK, WALK, KICK-BALL-FORWARD, TWIST & TWIST $\frac{1}{4}$ LEFT

Styling: During the forward steps, bring the hips forward first to add some styling

- 1&2** Kick left forward, step ball of left next to right, step right forward (small step)
- 3-4** Walk forward on left, right
- 5&6** Kick left forward, step ball of left next to right, step right forward (small step)
- 7&8** Swivel heels right, starting a $\frac{1}{4}$ turn left, swivel heels left, return heels center finishing the $\frac{1}{4}$ turn left (weight right)

KICK-BALL-FORWARD, WALK, WALK, KICK-BALL-FORWARD, TWIST & TWIST $\frac{1}{4}$ LEFT

Styling: During the forward steps, bring the hips forward first to add some styling

- 1&2** Kick left forward, step ball of left next to right, step right forward
- 3-4** Walk forward on left, right
- 5&6** Kick left forward, step ball of left next to right, step right forward
- 7&8** Swivel heels right, starting a $\frac{1}{4}$ turn left, swivel heels left, return heels center finishing the $\frac{1}{4}$ turn left (weight right)

REPEAT