

# FAST FWD

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**Count:** 64

**Wall:** 2

**Level:** intermediate

**Choreographer:** Mark Simpkin & Kate Moore

**Music:** Living In Fast Forward by Kenny Chesney

## WALK, WALK, WALK, BALL, STEP, TOUCH FORWARD, SIDE, SAILOR STEP

**1-2-3&4** Step left forward, step right forward, step left forward, step right to side, step left forward

**5-6-7&8** Touch right toe forward, touch right toe to side, right sailor step

## BEHIND, SIDE CROSS, KICK, BALL CROSS, SIDE, REPLACE, BEHIND, SIDE CROSS

**1&2-3&4** Cross left behind right, step right to side, cross right over left, kick right forward, step right together, cross left over right

**5-6-7&8** Step right to side, recover on left, cross right behind left, step left to side, cross right over left

## SIDE, HOLD, BALL, STEP, ¼ PIVOT, HEEL JACK, BALL CROSS, KICK, BALL CROSS

**1-2&3-4** Step left to side, hold, step right together, step left to side, turn ¼ right (weight to right)

**&5&6-7&8** Step left back, touch right heel forward, step right together, cross left over right, kick right diagonally forward, step right together, cross left over right

### Facing right diagonal (4:30)

## ROCK, REPLACE, TRIPLE STEP full turn RIGHT, ROCK, REPLACE, TRIPLE STEP 540 DEGREES LEFT

### The next 8 counts maintain the 4:30/10:30 diagonal

**1-2-3&4** Rock right forward, recover on left, triple in place turning a full turn right stepping right, left, right (4:30)

**5-6-7&8** Rock left forward, recover on right, triple in place turning a full turn and a half stepping left, right, left (10:30)

## SHUFFLE, FORWARD, REPLACE, BALL, STEP, WALK, SHUFFLE

### The next 8 counts maintain the 11:00, diagonal

**1&2-3-4** Shuffle forward stepping right, left, right, rock left forward, recover on right

**&5-6-7&8** Step left together, step right forward, step left forward, shuffle forward stepping right, left, right (10:30)

**FORWARD, REPLACE, ½ SHUFFLE, ½ SHUFFLE, TOUCH BACK, UNWIND ½**

**The next 8 counts maintain the 10:30/4:30 diagonal**

**1-2-3&4** Rock left forward, recover on right, turn ½ left and shuffle LEFT FORWARD, right, left

**5&6-7-8** Turn ½ left and shuffle RIGHT BACK, left, right, touch left toe back, unwind ½ left (weight to left, 4:30)

**WEAVE LEFT, HEEL JACK, BALL, ROCK, REPLACE, SIDE BALL, CROSS**

**Straighten up to the 6:00 wall**

**1&2&3&4** Cross right over left, step left to side, cross right behind left, step left to side, cross right over left, step left to side, touch right heel diagonally forward

**&5-6-7&8** Step right together, cross/rock left over right, recover on right, step left to side, step right together, cross left over right (facing 6:00)

**RIGHT SIDE SHUFFLE, TOUCH, UNWIND ½, ROCK REPLACE, BALL, STEP, ½ PIVOT**

**1&2-3-4** Shuffle to side stepping right, left, right, touch left behind right, unwind ½ left (weight to left)

**5-6&7-8** Rock right forward, recover on left, step right together, step left forward, turn ½ right (weight to right)

**REPEAT**

**TAG**

**At the end of the 1st wall, add 4 counts**

**1&2** Step left forward, step right together, step left back

**3&4** Step right back, step left together, step right forward

**During wall 6, after count 32; add 4 counts**

**1&2** Step right forward, step left together, step right back

**3&4** Step left back, step right together, step left forward

**Then continue dance from count 33 (facing 10:30)**