

Mountain Dew

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Count: 48

Wall: 2

Level: Upper Beginner / Easy Intermediate

Choreographer: Kenny O'Shaugh (Feb 2014)

Music: Mountain Dew by The Waldorf String Band

Start: After vocal ' Hi - the ' (be quick) with

INTRO: Dance count 33 to 48 (Section 5 & 6)

Section 1: Shuffle diagonally forward x 2, step back x 4

- 1 & 2** Step R diagonally forward, step L next to R, step forward R [Sway attitude to match]
3 & 4 Step L diagonally forward, step R next to L, step forward L [Sway attitude to match]
7, 8 Step back in straight line, R then L together & stomp (for timing) [Thumbing attitude to match]

Section 2: Vine right, vine left 1/4 turn, 1/4 paddle x 2

- 9 & 10** Vine right, R, L, R [Clap hands]
11 & 12 Vine left, L, R, L with 1/4 turn left 9 on clock [Clap hands]
13, 14 Step fwd R, turning 1/4 left taking weight to L [Jauntily]
15, 16 Step fwd R, turning 1/4 left taking weight to L 3 on clock [Jauntily]

Section 3: Step diagonally forward x 2, step back x 4

- 17 & 18** Step right diagonally forward, R, L, R [Sway attitude to match]
19 & 20 Step left diagonally forward, L, R, L [Sway attitude to match]
21, 22 Step back in straight line, R then L (saunter style) [Thumbing attitude to match]
23, 24 Step back in straight line, R then L together & stomp (for timing) [Thumbing attitude to match]

Section 4: Vine right, vine left 1/4 turn, 1/4 paddle x 2

- 25 & 26** Vine right, R, L, R
27 & 28 Vine left, L, R, L with 1/4 turn left 12 on clock
29, 30 Step fwd R, turning 1/4 left taking weight to L [Jauntily]
31, 32 Step fwd R, turning 1/4 left taking weight to L 6 on clock * [Jauntily]

Section 5: Side rock behind side cross to right then left

33, 34 Rock onto R then back onto L [Clap hands]

35 & 36R behind L, L to side, R across L

37, 38 Rock onto L then back onto R [Clap hands]

39 & 40L behind R, R to side, L across R

Section 6: 1/4 paddle x 2, 1/2 turn triple step, shuffle forward

41, 42 Step fwd R, turning 1/4 left taking weight to L [Jauntily]

43, 44 Step fwd R, turning 1/4 left taking weight to L 12 on clock [Jauntily]

45 & 46 Triple in place turning 1/2 right, stepping R, L, R 6 on clock

47 & 48 Step L forward, step R next to L, step L forward

REPEAT

RESTART: (After instrumental) On wall 4 after count 32

ENDING : You will be facing the back ~ replace counts 45 to 48 with 2 x forward shuffles

Remember this is Irish Jig music, so be on your toes !

And, of course, sing along to the chorus