

# Beauty From Pain

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**Count:** 48

**Wall:** 2

**Level:** Intermediate

**Choreographer:** Pam Leader (12/08)

**Music:** Beauty from Pain by Superchick (CD: Beauty From Pain) -101 bpm

**Intro: Start dance 12 counts into the song (at the start of the lyrics)**

**Restart : Wall 4 after first 24 counts**

**L TWINKLE STEP, R TWINKLE WITH A ½ TURN R**

1,2,3 Cross L over R, step R to R, step L to L

4,5,6 Cross R over L, ½ turn to the right and step back on L, step R to R (6:00)

**PRESS L, RECOVER, TOUCH L, STEP L, SWEEP ¼ TURN L**

1,2,3 Press L forward, Recover R, Touch L to R

4,5,6 Step L forward, Sweep R around into a ¼ turn to the left for 2 counts(3:00)

**CROSS R OVER L, SYNCOPATED WEAVE, CROSS R OVER L, SYNCOPATED WEAVE**

1,2&3 Cross R over L, Step L to L, Step R behind L, Step L to L

4,5&6 Cross R over L, Step L to L, Step R behind L, Step L to L (3:00)

**ROCK R, RECOVER, STEP R, SWEEP ½ TURN R**

1,2,3 Cross R over L, Recover L, Step R to R

4,5,6 Sweep L into a ½ turn to the right for 3 counts (9:00)

**\*Restart here on wall 4 - change sweep to a ¾ turn to the right ending up at the 6:00 wall for a restart on the back wall**

**JAZZ BOX WITH ¼ TURN L, JAZZ BOX WITH ¼ TURN L**

1,2,3 Cross L over R, Step R back into ¼ turn to the left, Step L back

4,5,6 Step R back, Step L to L into a ¼ turn to the left, Step R forward (3:00)

**MAKE ¾ TURN WALK AROUND TO THE LEFT**

1,2,3 Step L into 1/8 turn L, Step R into 1/8 turn L, Step L into a 1/8 turn L

4,5,6 Step R into 1/8 turn L, Step L into 1/8 turn L, Step R into a 1/8 turn L (6:00)

**STEP L, ROCK R, RECOVER L, STEP R, ROCK L, RECOVER R**

**1,2,3** Step L to L, Rock R behind L, Recover L

**4,5,6** Step R to R, Rock L behind R, Recover R (6:00)

**STEP L, CROSS R BEHIND L, FULL TURN UNWIND RONDE**

**1,2,3** Step L to L, Cross R behind L, Hold

**4,5,6** Unwind full turn to the R finishing with a Ronde to start the dance over (6:00)

**End of dance**