

IT BANGS!

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Count: 32

Wall: 4

Level: beginner/intermediate

Choreographer: Matthew Dewsbury

Music: She Bangs by Ricky Martin

STEP, HITCH, FORWARD SHUFFLE, HIP BUMPS X 4

1-2 Step right foot forward, hitch left

3&4 Shuffle forward on left-right-left

5-8 Step right foot forward diagonally to the right and bump hips forward-back-forward-back

BACK SHUFFLE, FULL TURN, COASTER STEP, HEEL DIG TWICE

9&10 Shuffle back on right-left-right

11-12 Full turn back turning left on left-right

13&14 Step back left, step right beside left, step forward left

15-16 Dig right heel forward twice

TOE TOUCH SIDE, TOGETHER, FORWARD SHUFFLE, STOMP, HOLD BODY ROLL

17-18 Touch right toe to right side, touch right back next to left

19&20 Forward shuffle on right-left-right

21-22 Stomp left foot forward, hold

23-24 Body roll over two counts

HEEL SWITCHES X 3, DOUBLE CLAP, HEEL SWITCHES ¼ TURN RIGHT, BACK TOGETHER

25&26& Touch right heel forward, step right beside left, touch left heel forward, step left next to right

27&28 Touch right heel forward, clap twice

&29&30 Step right beside left, touch left heel forward, step left beside right, touch right heel forward (making ¼ turn as you do the switches)

31-32 Step right foot back, step left next to right transferring weight to left

REPEAT

TAG

After walls 5 & 10

- 1-2** Kick forward right, kick forward to right side
- 3&4** Step back right, step left beside right, step forward right
- 5-6** Kick forward left, kick forward to left side
- 7&8** Step back left, step right beside left, step forward left

BREAK

After the 12th wall there is a 4 count break. Small step diagonally to right and bump hips forward-back-forward-back.