

# Ban Dean Shin

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**Count:** 64      **Wall:** 2      **Level:** Beginner

**Choreographer:** Sally Hung , Taipei, Taiwan (July 2014)

**Music:** Ban Dean Shin by Grass hopper

**Start to dance after 32 counts from the heavy drum beat - No Tag, No Restart**

## **S1. BACK ROCK, RECOVER, FWD SHUFFLE, SIDE ROCK, RECOVER, CROSS SHUFFLE**

**1,2,3&4**    Rock back on R, recover onto L, fwd shuffle on RLR

**5,6,7&8**    Rock L to L side, recover onto R, cross shuffle on LRL

## **S2. SIDE ROCK, RECOVER, CROSS SHUFFLE, STEP, PIVOT ½ TURN R, FWD SHUFFLE**

**12,3&4**    Rock R to R side, recover onto L, cross shuffle on RLR

**5,6,7&8**    Step L fwd, pivot ½ turn R, fwd shuffle on LRL

## **S3. VINE L, CROSS RECOVER, SIDE SHUFFLE**

**1,2,3,4**    Cross step R over L, step L to L side, cross R behind L, step L to L side

**5,6,7&8**    Cross rock R over L, recover onto L, side shuffle on RLR

## **S4. VINE R, ¼ TURN R FWD, PIVOT ½ TURN R, FWD SHUFFLE**

**1,2,3,4**    Cross step L over R, step R to R side, cross step L behind R, step R to R side

**5,6,7&8** ¼ turn R stepping L fwd, pivot ½ turn R, fwd shuffle on LRL

## **S5. PADDLE TURN ¼ L x4**

**1,2,3,4**    Step R fwd, pivot turn ¼ L, step R fwd, pivot turn ¼ L

**5,6,7,8**    Step R fwd, pivot turn ¼ L, step R fwd pivot turn ¼ L

## **S6. ¼ TURN R JAZZ BOX, ROCKING CHAIR**

**1,2,3,4**    Cross step R over L, ¼ turn R stepping L back, step R to R side, step L fwd

**5,6,7,8**    Rock R fwd, recover on L, rock back on R, recover on L

## **S7. SIDE SHUFFLE, ROCK BACK, RECOVER, SIDE SHUFFLE, ROCK BACK, RECOVER**

**1,2,3&4**    Side shuffle on RLR, rock back on L, recover on R

**5,6,7&8**    Side shuffle on LRL, rock back on R, recover on L

## **S8. ROCK FWD, RECOVER, COASTER STEP, SWAY, SWAY, SWAY, TOUCH TOGETHER**

**1,2,3&4** Rock R fwd, recover on L, step back on R, step L beside R, step R fwd

**5,6,7,8** Step L to side and sway L, R, L, touch R beside L

**Have Fun!**

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