

# Man of Mine

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**Count:** 64      **Wall:** 4      **Level:** High Improver

**Choreographer:** Martie Papendorf . South Africa. (Aug 2011)

**Music:** Helene Bester - Mansmens van My (114bpm - 3.44min)

## Start - On Lyrics

### S1: Rock Fwd Back Side Side, ¼ Sailor turn, Cross

- 1,2,3,4      Rock R fwd, Recover L back, Rock R out to right side, Recover L to left side,  
5,6,              Sweep R out and cross behind L making ¼ turn right, Recover L to left side 3.00  
7,8              Step R to right side, Step L across R,

### S2: Side, Behind, Side, Cross, ¼ Turn, ¼ Turn, Step, Cross

- 1,2              Step R to right side, Cross L behind R,  
3,4              Step R to right side, Step L across R ,  
5,6              Step R fwd making ¼ turn right, Step L fwd and turn ¼ right on ball of L, 9.00  
7,8              Step R to right side, Step L across R

### S3: Step, Sway fwd, Sway back, Hook, Fwd, Lock, Turn, Back

- 1,2              Step R fwd, Sway fwd to right diagonal,  
3,4              Sway back onto L, Hook R across L (low across ankle), 9.00  
5,6              Step R fwd to right diagonal, Lock L behind R,  
7,8              Step R fwd to 12.00 and turn ½ right on ball of R, Step L back, 6.00

### S4: Back, HOLD, Back, HOLD, Step, Close, Fwd, Close

- 1,2              Walk back R, HOLD,  
3,4              Walk back L, HOLD  
5,6              Step R next to L, Close L next to R,  
7,8              Step R fwd, Close L next to R,

### S5: Fwd, HOLD, ½ turn R, HOLD, Triple ½ turn R, Sweep

- 1,2              Step R fwd, HOLD,  
3,4              Step L back making ½ turn right, HOLD 12.00

**5,6,7,8** Making ½ triple turn right step R, L, R , Sweep L from back to front, 6.00

**S6: Step, HOLD, Sweep over 2 counts, ¼ Sailor left, HOLD**

**1,2** Step L across R with no weight (bending knees slightly), HOLD

**3,4** Sweep L from front to back over 2 counts (rising up slightly),

**5,6** Making ¼ turn left step L behind R, Step R to right side,

**7,8** Recover L to left side, HOLD 3.00

**S7: Skate Close Skate Touch, Skate L R,**

**1,2** Skate R fwd to right diagonal, Close L behind R,

**3,4** Skate R fwd to right diagonal, Touch L next to R

**5,6** Skate L to fwd over 2 counts,

**7,8** Skate R to fwd over 2 counts

**S8: Skate Close Skate Touch, Skate R L,**

**1,2** Skate L fwd to left diagonal, Close R behind L,

**3,4** Skate L fwd to left diagonal, Touch R next to L,

**5,6** Skate R fwd over 2 counts,

**7,8** Skate L fwd over 2 counts

**Last Revision on site - 2nd September 2011**