

Hole In My Heart

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Count: 32 **Wall:** 4 **Level:** Improver

Choreographer: Laura Miller (USA) - October 2024

Intro 32 counts (dance starts as the lyrics begin)

[1-8] ROCK, RECOVER, BEHIND, SIDE, CROSS, ROCK, RECOVER, BEHIND, SIDE, CROSS

1-2 Rock R to R (1), Recover onto L (2)

3&4 Cross R behind L (3), Step L to L (&), Cross R over L (4)

5-6 Rock L to L (5), Recover onto R (6)

7&8 Cross L behind R (7), Step R to R (&), Cross L over R (8) (12:00)

[9-16] ¼ HEEL GRIND, COASTER, ROCK, RECOVER, TRIPLE BACK

1-2 R heel grind (1), Turn ¼ R (weight on L) (2) (3:00)

3&4 Step R back (3), Step L next to R (&), Step R forward (4)

5-6 Rock L forward (5), Recover onto R (6)

7&8 Step L back (7), step R next to L (&), Step L back (8)

[17-24] POINT, HITCH, STEP, SLIDE, TOUCH, TRIPLE FORWARD, STEP, ½ PIVOT

1-2 Point R to R (1), Turn ¼ R, hitching R (2) (6:00)

3-4 Long R diagonal slide back (3), Slide L to R, touching next to R (4)

5&6 Step L forward (5), step R next to L (&), Step L forward (6)

7-8 Step R forward (7), Pivot ½ L, stepping L in place (8) (12:00)

***Restart here on Walls 4 and 8 (after each chorus)**

[25-32] FULL TURN, TRIPLE FORWARD, STEP, ¼ PIVOT, CROSSING TRIPLE

1-2 Turn ½ L, stepping R back (1), Turn ½ L, stepping L forward (2) (12:00)

3&4 Step R forward (3), step L next to R (&), Step R forward (4)

5-6 Step L forward (5), Pivot ¼ R, stepping R to R (6) (3:00)

7&8 Cross L over R (7), Step R to R (&), Cross L over R (8) (3:00)

***Option: 1-2 - Walk forward R (1), Walk forward L (2)**

Last Update: 28 Oct 2024

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=188641