

# Before I Fall In Love

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**Count:** 32

**Wall:** 2

**Level:** Intermediate / Advanced

**Choreographer:** Sophitia Christiansen (July 09)

**Music:** Before I Fall In Love by Coco Lee Runaway Bride: Music From The Motion Picture (1999)

## Intro: 16 counts

**S1: Sweep And Behind, Side, Forward, Drag, Nightclub Step,  $\frac{1}{4}$ , Side Rock, Recover  $\frac{1}{4}$ ,  $\frac{1}{2}$ ,  $\frac{1}{4}$ , Side Long Step**

- 1&2&** Sweep right out to right step right behind left, left to left, long step forward on right, drag left slowly towards right
- 3&4&** Make a long left step to left, step on ball of right beside left, left across right, right back to  $\frac{1}{4}$  turn left
- 5&6-7&8** Side rock on left, recover onto right making a  $\frac{1}{4}$  right turn, left forward to  $\frac{1}{2}$  turn right, right back to  $\frac{1}{4}$  right turn, make a long left step to left with right toes dragging towards left

**On Wall 3, change weight to left on “&” count after count 6. Restart facing front.**

**S2: Rock Back, Recover,  $\frac{1}{4}$ ,  $\frac{1}{2}$ ,  $\frac{1}{4}$  Touch, Dip & Slide Right,  $1\frac{1}{4}$  Triple Turn, Recover, Back,  $\frac{1}{2}$ ,  $\frac{1}{4}$  Sweep**

- 1&2&** Rock right behind left, recover onto left, right back to a  $\frac{1}{4}$  turn left, left back to  $\frac{1}{2}$  turn left
- 3&4** Touch right toes beside to a  $\frac{1}{4}$  turn left, dip down slowly as you slide right toes out slowly to side right
- 5&6** Step right to  $\frac{1}{4}$  right, left forward to  $\frac{1}{2}$  turn right, right back  $\frac{1}{2}$  turn right (This will travel right)
- 7&8&** Recover onto left, right back, left back to  $\frac{1}{2}$  turn left, sweep right to  $\frac{1}{4}$  left to across left

**S3: Cross, Side, Kick, Step, Twinkle  $\frac{1}{2}$ , Touch, Sweep, Behind, Side, Forward Slide,  $\frac{1}{4}$  Hitch Turn, Twinkle  $\frac{1}{2}$**

- 1&2&** Step right across left, left to left, kick right to diagonal right, right beside left
- 3&4&5** Step left across right, right to  $\frac{1}{4}$  turn left, left back  $\frac{1}{4}$  turn left, touch right beside left, sweep right forward to back
- 6&7** Step right behind left, small left step to left, slide forward on right,
- &8&1** Hitch left to  $\frac{1}{4}$  right, left across left, right to  $\frac{1}{4}$  left, left to  $\frac{1}{4}$  turn left side

## **S4: Mambo Back, Forward, Spiral Full Turn, Press, Recover, ½, ½ Turn Spin, Back Long Step**

- 2&3&4** Rock right back, recover onto left, right forward, forward left, make a spiral full turn right
- 5&6&7&8** Press right to right diagonal, recover onto left, step right to ½ turn right, spin ½ turn right on right bringing left toe to touch beside right), slide left back dragging right toes to left

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Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=78049](https://www.linedance.com/index.php?f=dance_view&id=78049)