

Forever and Ever

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Count: 56

Wall: 4

Level: Intermediate

Choreographer: Kate Henry (Oct 2013)

Music: Forever and Ever, by Royal Wood

Intro: 16 counts

Walk 2x; Shuffle; Rock Step; ½ Shuffle

1-2 Step forward R (1); step forward L (2)

3&4 Step R forward (3), step L beside R (&), step R forward (4)

5-6 Step forward L (5); step R in place (6)

7&8¼ turn L, step L side L (7); step R beside L (&); ¼ turn L step on L (8)

Walk 2x; Shuffle; Rock Step; ¼ Shuffle

1-2 Step forward R (1); step forward L (2)

3&4 Step R forward (3), step L beside R (&), step R forward (4)

5-6 Step L forward (5), step R in place (6)

7&8¼ turn L, step L side L (7); step R beside L (&); step L side L (8)

Cross Box; Shuffle; Weave; Sailor

1-2 Cross R over L (1), step back L (2)

3&4 Step R side R (3), step L beside R (&), step R side R (4)

5-6 Cross L over R (5); step R to side (6)

7&8 Step L behind R (7); step R beside L (&); step L side L (8)

Weave; ¼ Sailor; Rock Step; Coaster

1-2 Cross R over L (1); step L to side (2)

3&4 Step R behind L (3); ¼ turn R, step L beside R (&); step R fwd (4)

5-6 Step L forward (5), step R in place (6)

7&8 Step back on L (7), step R beside L (&), step forward on L (8)

Point 3x, Step, Rock Step; ½ Shuffle

1&2& Point R side R (1); step R beside L (&); point L side L (2); step L beside R (&)

3-4 Point R side R (3); step forward R (4)

5-6 Step L forward (5), step R in place (6)

7&8^{1/4} turn L, step L side L (7); step R beside L (&); ^{1/4} turn L step on L (8)

Point 3x, Step, Rock Step; ^{1/4} Shuffle

1&2& Point R side R (1); step R beside L (&); point L side L (2); step L beside R (&)

3&4 Point R side R (3); step forward R (4)

5-6 Step L forward (5), step R in place (6)

7&8^{1/4} turn L, step L side L (7); step R beside L (&); step L side L (8)

(*Restart Walls 2 & 4)

Weave, Heel Jack; Weave; Heel Jack

1-2 Cross R over L (1); step L side L (2)

3&4& Step R behind L (3); step L back (&); touch R forward (2); step R back (&)

5-6 Cross L over R (5); step R side R (6)

7&8& Step L behind R (7); step R back (&); touch L forward (8); step L back (&)

***Restart: Walls 2&4 - Do first 48 counts and start again**

Have fun

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