

Give Your Heart a Break

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Count: 64

Wall: 2

Level: Intermediate

Choreographer: Gudrun Schneider (Oct. 2012)

Music: Give Your Heart a Break by Demi Lovato

Begin dance after 16 count

Rolling vine l, touch, kick ball cross, side behind

1-4 three step to left with left full turn (l-r-l) and touch

5&6 kick right diagonal forward to right side, right beside left, cross step left over right

7-8 step right to right side, cross step left behind right

Shuffle forward r with $\frac{1}{4}$ turn r, step, $\frac{1}{2}$ turn r, step, full turn l, side

1&2 cha cha right with $\frac{1}{4}$ turn to right side

3-4 step left forward, $\frac{1}{2}$ turn right

5-6 step left forward with $\frac{1}{2}$ turn left, step right back

7-8 $\frac{1}{2}$ turn on right to left side, step left forward, step right to right side

Back, cross, side, behind, side, cross, side, sailor shuffle turning $\frac{1}{4}$ R

1-2 step left back, cross step right over left

3 step left to left side

4&5 cross step right behind left, step left to left side, cross step right over left

6 step left to left side

7&8 Cross step right behind left with $\frac{1}{4}$ turn, step right to right side, step right forward

Rock forward, rock back, step $\frac{1}{2}$ turn r 2x

1-2 rock left forward, recover (weight to right)

3-4 rock left back, recover (weight to right)

5-6step left forward, $\frac{1}{2}$ turn right

7-8step left forward, $\frac{1}{2}$ turn right

Rock forward & heel-hold & rock forward, coaster step

1-2rock left forward, recover (weight to right)

&3-4left beside right, heel right, hold

&5-6right beside left, rock left forward, recover (weight to right)

7&8step left back, right beside left, step left forward

Side point with $\frac{1}{4}$ turn r, side point with $\frac{1}{4}$ turn l, side point r, side point with $\frac{1}{4}$ turn r

1-2right toe tap to right, $\frac{1}{4}$ turn to right, right beside left

3-4left toe tap to left, $\frac{1}{4}$ turn left, left beside right

5-6right toe tap to right, right toe tap beside left

7-8right toe tap to right, $\frac{1}{4}$ turn to right

On the second and fifth walls, dance following steps:

7-8right toe tap to right, right beside left (weight to right)

Restart

Back rock, kick ball cross, side rock r, cross shuffle

1-2rock right back, recover (weight to left)

3&4kick right diagonal forward to right side, right beside left, cross step left over right

5-6rock right side, recover (weight to left)

7&8cross step right over left, left beside right, cross step right over left

$\frac{1}{4}$ turn R, side R, cross, kick R, jazz box with touch

1-2step left back with $\frac{1}{4}$ turn to right, step right to right side

3-4cross step left over right, kick right diagonal forward to right side

5-6cross step right over left, step left back

7-8step right forward, left tap beside right

Have Fun

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=89442