

# LUSTY LADY

LINEDANCE.COM

**Count:** 50      **Wall:** 4      **Level:** —

**Choreographer:** Kathy & Rick Stearns

**Music:** One Love At A Time by Tanya Tucker

## WALK FORWARD, HITCH, WALK BACK, TOUCH BACK

- 1      Walk forward right
- 2      Walk forward left
- 3      Walk forward right
- 4      Bring left knee up in a straight hitch
- 5      Walk back left
- 6      Walk back right
- 7      Walk back left
- 8      Touch right toe back

## KICK BALL CHANGES, STOMPS, CROSS, SPIN

- 9      Kick right foot forward
- &      Step down on ball of right foot lifting left foot off ground
- 10     Step on left foot shifting weight to it
- 11     Kick right foot forward
- &      Step down on ball of right foot lifting left foot off ground
- 12     Step on left foot shifting weight to it
- 13     Stomp right foot in place
- 14     Stomp right foot in place
- 15     Cross right foot over left
- 16     Spin ½ turn to left

## WALK FORWARD, HITCH, WALK BACK, TOUCH BACK

- 17     Walk forward right
- 18     Walk forward left
- 19     Walk forward right

- 20 Bring left knee up in a straight hitch
- 21 Walk back left
- 22 Walk back right
- 23 Walk back left
- 24 Touch right toe back

### **KICK BALL CHANGES, STOMPS, CROSS, SPIN**

- 25 Kick right foot forward
- & Step down on ball of right foot lifting left foot off ground
- 26 Step on left foot shifting weight to it
- 27 Kick right foot forward
- & Step down on ball of right foot lifting left foot off ground
- 28 Step on left foot shifting weight to it
- 29 Stomp right foot in place
- 30 Stomp right foot in place
- 31 Cross right foot over left
- 32 Spin  $\frac{1}{2}$  turn to left

### **RIGHT VINE, $\frac{1}{4}$ TURN RIGHT, WALK BACK, RIGHT HEEL TOUCH**

- 33 Step right foot to right
- 34 Cross left foot behind right
- 35 Step right foot to right
- 36 Hug left leg to right leg and pivot  $\frac{1}{4}$  turn to right on ball of right foot
- 37 Walk back left
- 38 Walk back right
- 39 Walk back left
- 40 Touch right heel at left instep

### **CROSS, KICK, CROSS, SIDE HITCH, DRAG, RIGHT HEEL, TOE**

- 41 Cross right foot over left
- 42 Kick left foot out at a 45 angle left
- 43 Cross left foot over right foot

- 44 Scooting slightly to right side on left foot, raise right leg to side, knee bent, pushing right hip to right
- 45 Step to down on right foot, bending knee slightly
- 46-47 Slowly drag left foot to right foot, heel first, upper body turned toward left side
- 48 Step left foot next to right foot, turning upper body straight forward
- 49 Touch right heel forward
- 50 Touch right toe back

**REPEAT**