

# HOKEY POKEY HULA

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**Count:** 64

**Wall:** 2

**Level:** beginner/intermediate

**Choreographer:** Violet Ray

**Music:** Hokey Pokey by Pekelo Cosma

## HEEL, CROSS, HEEL, FLICK, CROSS, SIDE, CROSS, HOLD

- 1-2 Tap right heel forward, cross right foot over left foot
- 3-4 Tap right heel forward, flick right foot back to right angle
- 5-6 Cross right foot over left foot, step left foot to left side
- 7-8 Cross right foot over left foot, hold

## HEEL, CROSS, HEEL, FLICK, CROSS, SIDE, CROSS, HOLD

- 1-2 Tap left heel forward, cross left foot over right foot
- 3-4 Tap left heel forward, flick left foot back to left angle
- 5-6 Cross left foot over right foot, step right foot to right side
- 7-8 Cross left foot over right foot, hold

## BASIC HULA STEPS RIGHT & LEFT

- 1-2 Step right foot to right side, step left foot next to right foot
- 3-4 Step right foot to right side, hold
- 5-6 Step left foot to left side, step right foot next to left foot
- 7-8 Step left foot to left side, hold

### Hula arms for above steps (ladies):

**Going right - right out to side, left across left chest (palms down - wave fingers 2x - down, up, down, up) going left - left out to side, right across right chest (palms down - wave fingers 2x - down, up, down, up)**

### Hula arms for above steps (men):

**Going right - right across right chest hand (fisted), left on left hip (fisted) going left - left across left chest hand (fisted), right on right hip (fisted)**

## ¼ PIVOT TURN, CROSS, HOLD, POINT, HOLD, CROSS, HOLD

- 1-2** Step right foot forward, pivot turn  $\frac{1}{4}$  left ending with weight on left foot (9:00)
- 3-4** Cross right foot over left foot, hold
- 5-6** Point left foot to left side, hold
- 7-8** Cross left foot over right foot, hold

### **$\frac{1}{4}$ PIVOT AMI TURN, $\frac{1}{4}$ PIVOT AMI TURN, STOMP, HOLD, HOLD, HOLD**

- 1-2** Step right foot slightly forward, pivot turn  $\frac{1}{4}$  left while rotating hips around to the left ending with weight on left foot (6:00)
- 3-4** Step right foot slightly forward, pivot turn  $\frac{1}{4}$  left while rotating hips around to the left ending with weight on left foot (3:00)
- 5-6** Stomp right foot forward, hold
- 7-8** Hold, hold

### **$\frac{1}{2}$ PIVOT TURN, $\frac{1}{2}$ PIVOT TURN, $\frac{1}{4}$ PIVOT TURN, CROSS, HOLD**

- 1-2** Step left foot forward, pivot turn  $\frac{1}{2}$  right ending with weight on right foot (9:00)
- 3-4** Step left foot forward, pivot turn  $\frac{1}{2}$  right ending with weight on right foot (3:00)
- 5-6** Step left foot forward, pivot turn  $\frac{1}{4}$  right ending with weight on right foot (6:00)
- 7-8** Cross left foot over right foot, hold

### **SCISSOR STEPS RIGHT & LEFT**

- 1-2** Rock right foot out to right side, recover weight on left foot
- 3-4** Cross right foot over left foot, hold
- 5-6** Rock left foot out to left side, recover weight on right foot
- 7-8** Cross left foot over right foot, hold

### **ROCK FORWARD, RECOVER, ROCK FORWARD, HOLD, ROCK FORWARD, RECOVER, ROCK FORWARD, HOLD**

- 1-2** Rock right foot forward, recover weight on left foot
- 3-4** Rock right foot forward, hold
- 5-6** Rock left foot forward, recover weight on right foot
- 7-8** Rock left foot forward, hold

### **REPEAT**