

# It Makes Me Feel Good

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**Count:** 32

**Wall:** 4

**Level:** Easy Intermediate

**Choreographer:** Jazmine Tan (July 2014)

**Music:** Feel Good by Paperplane Pursuit

## **Intro : 16 count**

### **SEC 1 : Step diagonal back L Swivel heel, Step diagonal back R Swivel heel, Step L, Kick R, Touch R Behind, ¼ Turn R**

**& 1 & 2** Step L diagonal back, swivel both heels out, in, out (10.30)

**& 3 & 4** Step R diagonal back, swivel both heels out, in, out (1.30)

**5 - 6** Step on L, kick R forward (12)

**7 - 8** Touch R behind, 1/4 turn R by stepping down on R. (3)

### **SEC 2 : Body move to R, L, R (Hand movement), 1/4 L Turn, Flick, R Rock Forward, recover, Coaster R**

**1** Move upper body to R with R hand pointing out to R, L hand pointing downward

**2** Move upper body to L with L hand pointing out to L, R hand pointing downward

**3** Move upper body to R with R hand pointing out to R, L hand pointing downward

**4** Move upper body to L 1/4 L with L hand pointing out to L, L hand pointing downward, flick R behind (12)

**5 - 6** Rock R forward, recover on L

**7 & 8** Step R behind, step L next to R, step R forward

### **SEC 3 : Step L to L, Touch R behind L, 1/2 Turning L, Kick R forward Touch L to L, Kick L forward Touch R to R**

**1 - 2** Step L to L, touch R behind L

**3 - 4** Step back on R 1/4 turning L, step L to L 1/4 turning L (6)

**5 & 6** Kick R forward, touch L to L

**7 & 8** Kick L forward, touch R to R

### **SEC 4 : 2 x 1/8 Paddle Turning L, Cross R over L, Cross L over R, Hip Bump (Feel Good Bump)**

- 1 - 2** Weight on L, Press R forward 1/8 turn L (Twice) Roll both hand roll above head (3)
- 3 & 4** Cross R over L, recover on L, step R to R
- 5 & 6** Cross L over R, recover on R, step L to L
- 7 & 8** Hip bump R,L,R (Weight on R) , (Hand up side way R,L,R)

**RESTART: WALL 7 - facing 6 o'clock**

**Dance up to 16 count (Sec 1 & 2) - Restart**

**Happy Dancing !**

**# You may change the hand styling but not the steps. Thank you**

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