

IF ONLY I COULD

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Count: 64

Wall: 4

Level: intermediate nightclub

Choreographer: Dougie D

Music: If Only I Could by Sidney Youngblood

FIGURE OF EIGHT

- 1-2 Step right to right side, cross left behind right
- 3-4 Step right to right side, turn $\frac{1}{4}$ turn right and step left forward (3:00)
- 5-6 Turn $\frac{1}{4}$ right and cross right behind left, step left to left side (6:00)
- 7-8 Turn $\frac{1}{4}$ turn left and step right forward, turn $\frac{1}{2}$ turn left (weight to left) (9:00)

SHUFFLE FORWARD, $\frac{1}{2}$ TURN, SHUFFLE FORWARD, $\frac{1}{4}$ TURN

- 1&2 Shuffle forward stepping right, left, right
- 3-4 Step forward on left, turn $\frac{1}{2}$ turn right (weight to right)
- 5&6 Shuffle forward stepping left, right, left
- 7-8 Step right to right side, turn $\frac{1}{4}$ turn left (weight to left)

KICK BALL CHANGE TWICE, SWAY RIGHT, SWAY LEFT, KICK BALL CHANGE

- 1&2 Kick right forward, step right beside left, step left in place
- 3&4 Repeat 1&2
- 5-6 Sway to right side, sway to left side

A little hip action here

- 7&8 Kick right forward, step right beside left, step left in place

CROSS STEP, $\frac{1}{4}$ TURN, SAILOR STEP, CROSS $\frac{1}{4}$ TURN SAILOR STEP

- 1-2 Cross right over left, turn $\frac{1}{4}$ turn right and step left beside right
- 3&4 Cross right behind left, step left beside right, step right in place
- 5-6 Cross left over right, turn $\frac{1}{4}$ turn left and step right beside left
- 7&8 Cross left behind right, step right beside left, step left in place

STEP $\frac{1}{2}$ TURN, SHUFFLE $\frac{1}{2}$ TURN, BACK ROCK, SHUFFLE $\frac{1}{2}$ TURN

- 1-2 Step right forward, turn $\frac{1}{2}$ turn left (weight to left)

- 3&4** Shuffle and turn $\frac{1}{2}$ left stepping right, left, right
- 5-6** Rock left back, recover on right
- 7&8** Shuffle and turn $\frac{1}{2}$ right stepping left, right, left

SAILOR STEPS TWICE, $\frac{1}{4}$ TURN LEFT, KICK BALL CHANGE

- 1&2** Cross right behind left, step left beside right, step right in place
- 3&4** Cross left behind right, step right beside left, step left in place
- 5-6** Step right to right side, turn $\frac{1}{4}$ turn left (weight to left)
- 7&8** Kick right forward, step right beside left, step left in place

ROCK AND COASTER STEP TWICE

- 1-2** Rock right forward, recover on left
- 3&4** Step right back, step left beside right, step right forward
- 5-6** Rock left forward, recover on right
- 7&8** Step left back, step right beside left, step left forward

SIDE ROCK, CROSS SHUFFLE, FORWARD ROCK, BACK SHUFFLE

- 1-2** Rock right to right side, recover on left
- 3&4** Cross shuffle to left stepping right, left, right
- 5-6** Rock left forward, recover on right
- 7&8** Shuffle back stepping left, right, left

REPEAT