

No Food To Eat

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Count: 64

Wall: 2

Level: Intermediate - WCS

Choreographer: Rep Ghazali -Meaney, Scotland (June 2012)

Music: In The Middle by Isaac Carree (120 bpm - iTunes)

36 count intro start on vocal,

[01-08] RIGHT FWD-HOLD, BALL STEP SCUFF, ROCK FWD LEFT-RECOVER, FULL TURN LEFT

1-2step forward Right, hold

&3-4step Left together on Left ball, step forward Right, scuff forward on Left

5-6rock forward Left, recover on Right

7-8½ turn Left by stepping forward on Left, ½ turn Right by stepping back on Right (travelling back)

[09-16] LEFT COASTER CROSS, TOUCH OUT IN-STEP SIDE, ROCK BACK LEFT-RECOVER RIGHT, ¼ TURN RIGHT, ¼ TURN RIGHT

1&2step back Left, step Right together, cross step Left over Right

3&4touch Right toe to Right side, touch Right together, step Right to Right side

5-6rock back Left, recover on Right

7-8¼ turn Right by stepping back on Left, ¼ turn Right by stepping Right to Right side (6)

[17-24] CROSS-HOLD, BALL CROSS-BALL CROSS, ½ MONTEREY TURN, SIDE TOE SWITCHES

1-2cross Left over Right, hold

&3&4step Right to Right side, cross Left over Right, step Right to Right side, cross Left over Right

5-6touch Right toe to Right side, ½ Right by stepping Right together (12)

7&8touch Left toe to Left side, step Left together, touch Right toe to Right side

[25-32] AND-WALK-WALK, LEFT SHUFFLE FWD, STEP- $\frac{1}{2}$ PIVOT X2

&1-2step slight forward on Right, walk forward Left, walk forward Right

3&4step forward Left, step Right together, step forward Left

5-8step forward Right, $\frac{1}{2}$ pivot turn Left, step forward Right, $\frac{1}{2}$ pivot turn Left

Restart: 2nd wall, facing back wall

[33-40] SIDE-BEHIND, BEHIND-SIDE-CROSS, SIDE-BEHIND, BEHIND- $\frac{1}{4}$ TURN-FWD

1-2step Right to Right side, step Left behind Right

3&4sweep and step Right behind Left, step Left to Left side, cross Right over Left

5-6step Left to Left side, step Right behind Left

7&8sweep and step Left behind Right, $\frac{1}{4}$ turn Right by stepping forward on Right, step fwd Left (3)

[41-48] ROCK FWD RIGHT-RECOVER, AND ROCK FWD LEFT-RECOVER HOOK LEFT, LEFT SHUFFLE FWD, $\frac{1}{2}$ TURN-STEP BACK

1-2rock forward Right, recover on Left

&3-4step Right together, rock forward Left, as you recover on Right hook up on Left

5&6step forward Left, step Right together, step Left together

7-8 $\frac{1}{2}$ turn Left by stepping back on Right, step back Left (9)

[49-56] ROCK BACK RIGHT-RECOVER LEFT, RIGHT SHUFFLE FWD, ROCK FWD LEFT-RECOVER, LEFT COASTER

1-2rock back Right, recover on Left

3&4step forward Right, step Left together, step forward Right

5-6rock forward Left, recover on Right

7&8step back Left, step Right together, step forward Left

[57-64] SIDE TOE SWITCHES, $\frac{1}{4}$ TURN LEFT-SCUFF RIGHT, ROCK BACK RIGHT-RECOVER LEFT, FULL TURN LEFT

1&2 touch Right toe to Right side, step Right together, touch Left to Left side

3-4 $\frac{1}{4}$ turn Left by stepping forward on Left, scuff forward on Right (6)

5-6 rock back Right, recover on Left

7-8 $\frac{1}{2}$ turn Left by stepping back on Right, $\frac{1}{2}$ turn Right by stepping forward Left (6)

RESTART: 2nd wall - dance up to count 32 and restart from back wall