

# PLANET JANET JAM

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**Count:** 32

**Wall:** 4

**Level:** beginner/intermediate

**Choreographer:** Janet Wilson

**Music:** Bury The Shovel (Extended Mix) by Clay Walker

## CROSS, STEP BACK, TRIPLE (LEFT), CROSS, STEP BACK, TRIPLE (RIGHT)

- 1-2** Cross left foot over right, step backward on right foot
- 3&4** Triple left: left, right, left
- 5-6** Cross right foot over left, step backward onto left foot
- 7&8** Triple right: right, left, right

## TOUCH SIDE, FORWARD, COASTER STEP (LEFT), REPEAT ON RIGHT SIDE

- 9-10** Touch left toe out to left side, touch left toe forward
- 11&12** Step backward onto left foot, step right foot next to left, step forward onto left foot
- 13-14** Touch right toe out to right side, touch right toe forward
- 15&16** Step backward onto right foot, step left foot next to right, step forward onto right foot

## BODY ROLL STEPPING LEFT, TOGETHER, SHAKE DOWN & UP; BODY ROLL STEPPING RIGHT, TOGETHER, SHAKE DOWN & UP

- 17-18&19** Stepping to left on left foot, roll body left, touch right foot next to left
- &20** Bending knees, bump hips right while bringing right shoulder down (&), keeping knees bent, bump left & bring left shoulder down (19), straightening knees, bump hips right while bringing right shoulder down (&), bump hips left & bring left shoulder down (20) -- (weight should be on left foot)
- 21-22** Stepping to the right on right foot, roll body right, touch left foot next to right
- &23&24** Bending knees, bump hips left while bringing left shoulder down (&), keeping knees bent, bump hips right & bring right shoulder down (23), straightening knees, bump hips left & while bringing left shoulder down (&), bump right & bring right shoulder down (24) -- (weight should on right foot)

## TOUCH FORWARD LEFT, FUNKY CHARLESTON WALK BACKWARD: LEFT-RIGHT-LEFT

- 25&26** Touch left toe forward, step backward onto left foot
- &27&28** Step backward onto right foot, step backward onto left foot

**\*To achieve the funky Charleston look, keep weight on balls of feet, and swivel heels out on the & counts and in on the whole counts. While swiveling the heels, use arms in sort of a funky chicken way.....Have fun!**

## **2 HEEL SWITCHES: RIGHT & LEFT, ¼ TURN LEFT, BUMPING RIGHT TWICE**

**29&30&** Touch right heel forward (29), step on right foot (&), touch left heel forward (30), step on left foot (&)

**31-32** Step forward on right foot ¼ turn left while bumping hips to the right twice

## **REPEAT**