

Lifetime Love

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Count: 32 **Wall:** 4 **Level:** Intermediate

Choreographer: Sadiah Heggernes (Nor) July 2012

Music: 'A Once In A Lifetime Love' - Alan Jackson, Album: 'Drive' (163 bpm)

16 Count intro - start on vocals - 1 restart during Wall 4

Section 1: Basic L, R Chasse, Cross Rock, Recover, Sweep, Sailor ¼ Turn L

- 1-2&** Step L long step to L side. Rock back on R (slightly behind L). Recover onto L
- 3&4** Step R to R side. Step L beside R. Step R to R side
- 5-6** Cross rock L over R. Recover onto R.
- 7&8** Sweep L out & around. ¼ turn L. Cross L behind R. Step R beside L. Step forward on L 9.00

Section 2: Rock Forward, Recover, Ball Step, Lockstep Forward, Step, ½ Pivot L, Step, Full Turn R, Step

- 1-2&** Rock forward on R. Recover onto L. Step R beside L
- 3&4** Step forward on L. Lock R behind L. Step forward on L
- 5&6** Step forward on R. ½ pivot L. Step forward on R
- 7&8½ turn R. Step back on L. ½ turn R. Step forward on R. Step forward on L 3.00**

Section 3: Basic R, L Chasse, Cross Rock, Recover, Sweep, Sailor Cross ¾ Turn R

- 1-2&** Step R long step to R side. Rock back on L (slightly behind R). Recover onto R
- 3&4** Step L to L side. Step R beside L. Step L to L side
- 5-6** Cross rock R over L. Recover onto L
- 7&8** Sweep R out & behind L. Cross R behind L. ¾ turn R. Step L beside R. Cross R over L 12.00

Section 4: Ball Cross, Unwind ½ Turn L, Side Rock Recover, Cross, Ball Cross Rock, Recover, Sweep, Sailor ¼ Turn R

- &1-2** Small step L to L side. Cross R over L. Unwind ½ turn L (weight on L) 6.00
- 3&4** Rock R to R side. Recover onto L. Cross R over L *R*

Restart here during wall 4 facing 9.00

- &5-6** Step L to L side. Cross rock R over L. Recover onto L

7&8 Sweep R out & around.1/4 turn R. Cross R behind L. Step L beside R. Step forward on R 9.00

Choreographer's Note: The dance will go slightly out of phrasing towards the end of the track. Just keep on dancing!

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=88788