

FROSTBITE

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Count: 58

Wall: 4

Level: intermediate

Choreographer: Beverly Lalonde

Music: Cold Outside by Big House

RIGHT VINE, WALK FORWARD, KICK

1-4 Step right foot right, step left foot behind right, step right foot right, pivot $\frac{1}{4}$ turn left on right foot & point left heel forward

5-8 Step left foot forward, step right foot forward, step left forward, kick right foot forward

KICK-BALL-CHANGE TWICE

9&10 Kick right foot forward, step on ball of right foot, step on left foot

11&12 Kick right foot forward, step on ball of right foot, step on left foot

SIDE STEPS, COASTER STEP

13-14 Step right foot right, step left foot left

15&16 Step back on right foot, close left foot beside right, step forward on right foot

$\frac{1}{2}$ PIVOT TURNS, RIGHT SHIMMY, LEFT SHIMMY

17-20 Step left foot forward, turn $\frac{1}{2}$ turn right, step left foot forward, turn $\frac{1}{2}$ turn right

21-24 Take wide step left with left foot, slide right foot beside left foot for 2 counts, step right foot next to left foot & clap hands

25-28 Take wide step right with right foot, slide left foot beside right foot for 2 counts, step left foot next to right foot & clap hands

$\frac{1}{4}$ PIVOT TURNS, KICKS

29-32 Step left foot forward, turn $\frac{1}{4}$ turn right, step left foot forward, turn $\frac{1}{4}$ turn right

33&34& Kick left foot forward, step left foot beside right, kick right foot forward, step right foot beside left

35&36& Kick left foot forward, step left foot beside right, kick right foot forward, step right foot beside left

37-40 Step left foot forward, turn $\frac{1}{4}$ turn right, step left foot forward, turn $\frac{1}{4}$ turn right

41&42& Kick left foot forward, step left foot beside right, kick right foot forward, step right foot beside left

43&44& Kick left foot forward, step left foot beside right, kick right foot forward, step right foot beside left

ROCK FORWARD, SHUFFLE BACK, ROCK BACK, TURNING SHUFFLE FORWARD

45-46 Rock forward on left foot, step right foot back

47&48 Step back on left foot, close right foot beside left, step back on left foot

49-50 Rock back on right foot, step forward on left foot

51&52 Step right foot forward, close left foot beside right turning $\frac{1}{4}$ turn left, step right foot beside left turning $\frac{1}{4}$ turn left

TURNING SHUFFLE, STOMPS

53&54 Step left foot forward, close right foot beside left turning $\frac{1}{4}$ turn left, step left foot beside right turning $\frac{1}{4}$ turn left

55-56 Turning $\frac{1}{2}$ turn left stomp right foot, stomp left foot beside right

KNEE POPS

&57&58 Bending knees slightly lift both heels up, bring heels down, lift heels up, bring heels down (bringing knees together as you bring heels down, and facing 3 o'clock)

REPEAT