

# NO MORE BAD DAYS

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**Count:** 32

**Wall:** 4

**Level:** intermediate

**Choreographer:** Eric Tan

**Music:** Bad Day by Daniel Powter

**STEP RIGHT TO SIDE, CROSS ROCK, SCISSOR STEP,  $\frac{3}{4}$  TURN LEFT STEPPING RIGHT LEFT,  $\frac{1}{2}$  TURN LEFT STEP RIGHT BACK, COASTER STEP,  $\frac{3}{4}$  TURN LEFT STEPPING RIGHT LEFT**

- 1 Step right to side
- 2& Cross left over right, recover weight on right
- 3&4 Step left to side, step right beside left, cross left over right
- &5 Turning  $\frac{1}{4}$  left step right back, turning  $\frac{1}{2}$  left step left forward
- 6 Turning  $\frac{1}{2}$  left step right back
- 7&8 Step left back, step right beside left, step left forward
- &1 Turning  $\frac{1}{2}$  left step right back, turning  $\frac{1}{4}$  left step left to side

**KICK BALL CROSS, STEP RIGHT, KICK BALL CROSS, STEP  $\frac{1}{4}$  TURN LEFT, CROSS ROCK, SIDE ROCK, STEP RIGHT BIG STEP BACK**

- 2&3& Kick right forward, step right slightly back, cross left over right, step right to side
- 4&5 Kick left forward, step left slightly back, cross right over left
- 6 Turning  $\frac{1}{4}$  left step left forward
- 7&8& Cross rock right over left, recover on left, rock right to side, recover on left

**3rd restart on wall 7 after counts 8&, step right to side to start dance on count 1 from the beginning**

- 1 Step right a big step back dragging left towards right

**COASTER, FORWARD LOCK STEP, STEP RIGHT FORWARD, PIVOT  $\frac{1}{4}$  LEFT, CROSS & HEEL, STEP BACK, CROSS SHUFFLE**

- 2& Step left back, step right next to left
- 3&4 Step left forward, lock right behind left, step left forward
- &5 Step right forward, pivot  $\frac{1}{4}$  left stepping on left

**6&7&** Cross right over left, step left diagonally back, touch right heel forward, step right slightly back

**8** Cross left over right

**2nd restart on wall 6 after count 8, step right to side to start dance on count 1 from the beginning**

**&1** Step right to side, cross left over right

**SIDE ROCK, BEHIND, STEP ¼ LEFT, RIGHT CHASSE, CROSS HITCH, WEAVE, SAILOR STEP**

**2&3&** Rock right to side, recover on left, step right behind left, turning ¼ left step left forward

**4&5** Step right to side, step left beside right, step right to side

**1st restart on wall 3 after counts 4&, step right to side to start dance on count 1 from the beginning**

**6&7&** Hitch left knee across right, step left to side, step right across left, step left to side

**8&1** Step right behind left, step left to side, pushing on left step right long step to side to start dance again

**REPEAT**

**RESTART**

**On wall 3, restart after counts 28& (9:00)**

**On wall 6, restart after count 24 (9:00)**

**On wall 7, restart after counts 16& (6:00)**

**ENDING**

**As the music fades continue dancing till you face the front wall with the right chasse (28&29)**

**This dance is dedicated to The Wild West Singapore on their 5th Anniversary Celebration**