

Moving Hips

LINEDANCE.COM

Count: 32

Wall: 4

Level: High Beginner

Choreographer: Frank Trace (Aug 2014)

Music: "Moviendo Caderas" by Yandel & Daddy Yankee

Begin after 64 counts on the strong beat.

Alt. music: "Fireball" by Pitbull

RIGHT SIDE MAMBO, LEFT SIDE MAMBO, FORWARD MAMBO, BACK MAMBO

- 1&2** Rock R to right side, recover onto L, step R next to L
- 3&4** Rock L to left side, recover onto R, step L next to R
- 5&6** Rock R forward, recover onto L, step R next to L
- 7&8** Rock L back, recover onto R, step L next to R

WALK, WALK, SHUFFLE FORWARD, ROCK, RECOVER, SHUFFLE BACK

- 1-2** Walk forward R, L
- 3&4** Shuffle forward stepping R-L-R
- 5-6** Rock forward on L, recover onto R
- 7&8** Shuffle back stepping L-R-L

STEP BACK, HEEL, STEP BACK, HEEL, STEP, STEP, SYNCOPATED HIP SWEVELS

- 1-2** Step back on R, touch L heel diagonally forward left
- 3-4** Step back on L, touch R heel diagonally forward right
- 5-6** Step R slightly back, step L next to R
- 7&8** Syncopated hips swivels counter clockwise twice (weight ends on left)

¼ TURN HIPS ROLLS (X3), CROSS STEP, STEP BACK

- 1-2** Step R forward, pivot (hip roll counter clockwise) ¼ turn (9:00)
- 3-4** Step R forward, pivot (hip roll counter clockwise) ¼ turn (6:00)
- 5-6** Step R forward, pivot (hip roll counter clockwise) ¼ turn (3:00)
- 7-8** Step R over L, step L back

REPEAT

ENDING: At the end of the song the beat stops, but Yandel still sings.

Finish out the last 8 counts of the dance (Hip Rolls) to finish at the front wall.

Contact: franktrace@sssnet.com

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=99734