

Bendy Breaky

LINEDANCE.COM

Count: 32

Wall: 4

Level: Easy Intermediate

Choreographer: Miquel Mendez & Adrian Churm - May 2016

Music: Bend Not Break by Josh Herbert

Sec 1: Kick, step back, toe back, step forward x2

1 - 4 Kick right forward, step right back, touch back, step left forward.

5 - 8 Kick right forward, step right back, touch left back, step left forward.

Sec 2: ¼ turn, behind, side, ball step, side, weave left

&1 - 2¼ turn left right foot to the side, step left behind right. step right to the side.

3&4 Step ball of left behind right, recover forward onto right. Left to the side.

5&6& Step right behind left, step left to the side, step right across left, step left to the side.

7&8 Step right behind left, step left to the side, step right across.

Sec 3: Side Rock, recover, sailor step ¼ turn left, rock forward, recover, coaster step

1 - 2 Rock left out to the side, recover onto right

3&4 Step left behind right ¼ turn left, step right to the side, step left forward.

5 - 6 Rock right forward, recover back onto left.

7&8 Step right back, close left next to right, step right forward.

Sec 4: Volta turns, jazz box ¼ turn right.

1&¼ turn left with left across right, step toes of right to the side.

2&¼ turn left with left across right, step toes of right to the side.

3&¼ turn left with left across right, step toes of right to the side.

4¼ turn left step left foot forward.

5 - 6 Cross right over left, step left back.

7 - 8¼ turn right right foot to the side, small step forward with left.

Restart wall 4: Dance up to and including section 2 on count 8 of section 2 touch right foot back

Ending: On the last repetition of the dance do not turn the jazz box at the end of section 4

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=111673