

# Atemlos (Breathless)

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**Count:** 56      **Wall:** 4      **Level:** Phrased Intermediate

**Choreographer:** Dirk Leibing & Tobias Jentzsch (Feb 2014)

**Music:** Atemlos durch die Nacht by Helene Fischer

## Sequence: AA-BBBB-Tag1-AA-BBB-Tag2-BBB

### Intro: 16 counts

### Part A - 24 counts

#### Side, Cross, Side, Kick, Turn $\frac{1}{4}$ (2x), Back, Point

- 1-2      Step LF left, Cross RF in front of LF
- 3-4      Step LF left, Kick RF to right diagonal(1:30)
- &5-6    Hitch RF(&), Step RF (1/8) forward(3:00), turn  $\frac{1}{4}$  right step LF left(6:00)
- 7-8      Turn 1/8 right step RF back(7:30), Point LF left

#### Cross, Point, Cross, Point, Jazz Box with 3/8 turn left

- 1-2      Cross LF in front of RF, Point RF right
- 3-4      Cross RF in front of LF, Point LF left
- 5-6      Cross LF in front of RF, Turn 3/8 left stepping RF back (3:00)
- 7-8      Step LF left, Touch RF next to LF

#### Side, Drag, Back Rock, Recover, Turn $\frac{1}{4}$ right(2x), Cross Rock, Recover

- 1-2      Step RF right, Drag LF next to RF
- 3-4      Rock Step LF back, Recover on RF
- 5-6      Turn  $\frac{1}{4}$  right stepping LF back, Turn  $\frac{1}{4}$  right stepping RF right(9:00)
- 7-8      Cross Rock LF in front of RF, Recover on RF

### Part B - 32 counts

#### Chasse, Back Rock, Recover, $\frac{1}{4}$ , Turn right, $\frac{1}{2}$ Turn right, Chasse $\frac{1}{4}$ Turn right

**1&2LF Step left, Close RF next to RF, LF Step left**

**3-4RF Rock back, Recover on LF**

5-6 Turn  $\frac{1}{4}$  right stepping RF forward(3:00), Turn  $\frac{1}{2}$  right stepping LF back(9:00)

7&8 Turn  $\frac{1}{4}$  right stepping RF right(12:00), Close LF next to RF, Step RF right

### **Cross, Point, Behind, Point, Coaster Step, Step $\frac{1}{4}$ Turn**

1-2 Cross LF in front of RF, Point RF right

3-4 Cross RF behind LF, Point LF left

5&6 Step LF back, Close RF next to LF, Step LF forward

7-8 Step RF forward, Turn  $\frac{1}{4}$  left(weight is on LF now)(9:00)

### **Syncopated Weave left, Chasse, Back Rock, Recover**

1-2 Cross RF in front of LF, Step LF left

3&4 Step RF behind LF(3), Step LF left(&), Cross RF in front of LF

5&6 Step LF left(5), Close RF next to LF(&), Step LF left

7-8 Rock RF back, Recover on LF

### **“Rolling Vine” right, Point, $\frac{1}{4}$ Turn left, $\frac{1}{4}$ Turn left on ball and Point, Kick Ball Hitch**

1-2 Turn  $\frac{1}{4}$  right stepping RF forward(12:00), Turn  $\frac{1}{2}$  right stepping LF back(6:00)

3-4 Turn  $\frac{1}{4}$  right stepping RF right(9:00), Point LF left

5-6 Turn  $\frac{1}{4}$  left stepping LF forward(6:00), Turn  $\frac{1}{4}$  left on ball of LF and Point RF right

&7&8 Hitch RF(&), Kick RF forward(7), Step on ball of RF(&), Hitch LF(8)

### **Tag 1 (8 Counts)**

#### **Rolling Vine left, Cross, Side, Hitch, Turn $\frac{1}{2}$ right, Hitch**

1-2 Turn  $\frac{1}{4}$  left stepping LF forward, Turn  $\frac{1}{2}$  left stepping RF back

3-4 Turn  $\frac{1}{4}$  left stepping LF left, Cross RF in front of LF(6:00)

5-6 Step LF left, Hitch right knee

7-8 Turn  $\frac{1}{2}$  right on ball of RF, Hitch left knee(12:00)

### **Tag 2 (4 Counts)**

#### **$\frac{1}{4}$ Turn left, Touch, Side, Hitch**

1-2 Turn  $\frac{1}{4}$  left stepping LF forward, Touch RF next to LF

3-4 Step RF right, Hitch left knee

**Start again - Have Fun**

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