

Broken Hearted MaMa

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Count: 32

Wall: 2

Level: Improver / Intermediate

Choreographer: Tony Myers (Feb 2013)

Music: 'Mama's Broken Heart' by Miranda Lambert

16 Count intro

Side, Scuff : Turn, Touch : & Cross, Side : Sailor ¼ Turn

- 1 2** Step right to side (1) Scuff left next to right (2)
- 3 4** Turn ¼ left forward on left (3) Touch right next to left (4) (9:00)
- &56** Step slightly back on right (&) Cross left over right (5) Step right to right side (6)
- 7&8** Step left behind right (7) Turn ¼ left stepping back on right (&) Step left to left side (8) (6:00)

Cross, Side : Rock Back & Heel : & Rock Recover : ¾ Run

- 1 2** Cross right over left (1) Step left to left side (2)
- 3&4** Rock right behind left (3) Recover weight on left (&) Dig right heel forward to right diagonal (4)
- &56** Step right next to left (&) Rock forward on left (5) Recover weight on right (6)
- 7&8** Turning ¾ left run Left (7) Right (&) Left (8) (9:00)

Step, Lock, Step : Step, Lock, Step : Mambo Turn : Rock Recover

- 1&2** Step right forward to right diagonal (1) Lock left behind right (&) Step forward on right (2)
- 3&4** Step left forward to left diagonal (3) Lock right behind left (&) Step forward on left (4)
- 5&6** Straighten to side wall (9:00) & rock forward on right (5) Recover weight on left (&) Turn ½ right stepping forward on right (6) (3:00)
- 7 8** Rock forward on left (7) Recover weight on right (8)

Coaster Step : Rock & Turn : Kick. Ball, Cross : Side Chasse

- 1&2** Step back on left (1) Step right with left (&) Step forward on left (2)
- 3&4** Rock right over left (3) Recover weight on left (&) Turn ¼ right stepping right forward (4) (6:00)
- 5&6** Kick left forward (5) Step down on left (7) Cross right over left (6)

7&8 Step left to side (7) Step right with left (&) Step left to side (8)

(ON WALL 1 ONLY. STAMP LEFT FORWARD ON COUNT 7 & HOLD FOR COUNT 8)

TAG. At the end of Walls 3 & 6 add the following counts

Rock & Side : Rock & Side : Shuffle Turn : Step Turn Step : Box Step

1&2 Rock right over left (1) Recover weight on left (&) Step right to side(2)

3&4 Rock left over right (3) Recover weight on right (&) Step left to side(4)

5&6 Turn $\frac{1}{4}$ right on right (5) Step left with right (&) Turn $\frac{1}{4}$ right step forward on right (6)

7&8 Step forward on left (7) Pivot $\frac{1}{2}$ turn right (&) Step forward on left (8)

1 2 Cross right over left(1) Step back on left (2)

3 4 Step right to side (3) Step left forward (4)

On wall 7 the music stops after 16 counts (9:00) during this pause do the following:-

1 2 Turn $\frac{1}{4}$ right forward on right (1) Point left to side (2)

3 4 Step forward on left (3) Point right to side (4)

5 6 Turn $\frac{1}{4}$ right forward on right (5) Point left to side (6)

7 8 Turn $\frac{1}{4}$ right forward on left (7) Point right to side (8)

You will be facing 6:00 start again from beginning on the word 'Going'

Wall 8 (last wall) Dance the Tag twice