

KICKING AND SPINNING

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Count: 56 **Wall:** 4 **Level:** —

Choreographer: Amber Alex

Music: A Little Less Talk And A Lot More Action by Toby Keith

LEFT KICK BALL POINT, RIGHT KICK BALL POINT, SHUFFLE FORWARD LEFT-RIGHT-LEFT, ROCK STEP

- 1&2** Kick left forward, rock back on ball of left, point right out to right side (kick ball point)
- 3&4** Kick right forward, rock back on ball of right, point left out to left side (kick ball point)
- 5&6** Shuffle forward left-right-left
- 7-8** Rock forward on right, back on left

SHUFFLE BACK RIGHT-LEFT-RIGHT, ROCK STEP BACK, ¼ PIVOT LEFT TO SHUFFLE LEFT-RIGHT-LEFT

- 1&2** Shuffle back right-left-right
- 3-4** Rock step back on left, forward on right
- 5&6** Pivot ¼ to left on right foot and shuffle forward left-right-left

JAZZ SQUARE, HEELS LEFT, SHUFFLE RIGHT, HEELS RIGHT, SHUFFLE LEFT W. RIGHT FOOT LEAD

- 7-8** Cross right over left, back on left
- 1-2** Step to right on right, left beside right
- 3** Swivel right on balls of feet so heels to left
- 4&5** Shuffle right-left-right to the right
- 6** Swivel left on balls of feet so heels to right
- 7&8** Shuffle right-left-right to the left

CROSS LEFT OVER RIGHT, CROSS RIGHT OVER LEFT ¾ UNWIND

- 1** Cross left over right
- 2** Cross right over left
- 3-4** Unwind ¾ to left to face original wall

RIGHT KICK BALL POINT, LEFT KICK BALL POINT, SHUFFLE FORWARD RIGHT-LEFT- RIGHT ROCK STEP

- 5&6** Kick right forward, rock back on ball of right, point out to left side
- 7&8** Kick left forward, rock back on ball of left, point right out to right side
- 1&2** Shuffle forward, right-left-right
- 3-4** Rock forward on left, back on right

SHUFFLE BACK LEFT-RIGHT-LEFT, ROCK STEP BACK, ¼ PIVOT TO RIGHT & SHUFFLE RIGHT-LEFT-RIGHT

- 5&6** Shuffle back on right, rock forward on left
- 7-8** Rock step back on right, rock forward on left
- 1&2** Pivot ¼ turn to right on left foot & shuffle forward right-left-right

JAZZ SQUARE, HEELS LEFT, SHUFFLE RIGHT, HEELS RIGHT, SHUFFLE LEFT WITH RIGHT FOOT LEAD

- 3-6** Cross left over right, back on right, step to left on left, right beside left
- 7** Swivel left on balls of feet so heels to left
- 8&1** Shuffle right-left-right to the right
- 2** Swivel left on balls of feet so heels to right
- 3&4** Shuffle right-left-right to the left

JAZZ SQUARE

- 5-8** Cross left over right, back on right, step to left on left, right beside left

REPEAT