

# Long Distance Love

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**Count:** 64      **Wall:** 4      **Level:** Intermediate

**Choreographer:** Dee Musk (UK) Feb 2013

**Music:** 'Long Distance' by Melanie Amaro. [Single - iTunes]

**Huge Thanks for the music from my friends Mike & Brenda.**

**32 Count Intro - Approx 16 seconds - Track approx 3 mins 50 secs BPM 120**

**Side Touch, Kick Ball Cross, Side Behind, Kick Ball Cross.**

- 1,2**      Step R to R side, touch L beside R.
- 3&4**      Kick L to L diagonal, step L beside R, cross R over L.
- 5,6**      Step L to L side, cross step R behind L.
- 7&8**      Kick L to L diagonal, step L beside R, cross R over L. (12 o'clock).

**Side Rock, Cross ¼ Turn L, Chasse ¼ Turn L, Cross Rock.**

- 1,2**      Rock L to L side, recover weight to R.
- 3,4**      Cross L over R, make a ¼ turn L stepping back on R.
- 5&6**      Make a ¼ turn L stepping L to L side, close R beside L, step L to L side.
- 7,8**      Cross rock R over L, recover weight to L. (6 o'clock).

**Side Rock, Sailor Heel, Ball Cross Hold, Side Behind ¼ Turn R.**

- 1,2**      Rock R to R side, recover weight to L.
- 3&4**      Cross R behind L, step L to L side, touch R heel to R diagonal.
- &5,6**      Step R beside L, cross L over R, hold count 6.
- &7,8**      Step R to R side, cross L behind R, make a ¼ turn R stepping forward on R. (9 o'clock).

**Step ½ Turn R, Step Reverse ½ Turn L, ¼ Turn L, Hold, Ball Side Touch.**

- 1,2**      Step forward on L, make a ½ turn R.
- 3,4**      Step forward on L, make a reverse ½ turn L stepping back on R.
- 5,6**      Make a ¼ turn L stepping L to L side, hold count 6.
- &7,8**      Step R beside L, step L to L side, touch R beside L. (6 o'clock).

**¼ Turn R, Touch, Full Walkaround Turn L, Behind Side Cross.**

- 1,2** Make a ¼ turn R stepping forward on R, touch L beside R.  
**3-6** Walk around a full turn L stepping L, R, L, step R to R side.  
**7&8** Cross step L behind R, step R to R side, cross L over R. (9 o'clock).

**Side Rock, Behind ¼ Turn Step, Rock Recover, Step Back, Reverse ½ Turn R.**

- 1,2** Rock R to R side, recover weight to L.  
**3&4** Cross step R behind L, make a ¼ turn L stepping forward on L, step forward on R.  
**5,6** Rock forward on L, recover weight to R.  
**7,8** Step back on L, make a reverse ½ turn R stepping forward on R. (12 o'clock).

**Step ¼ Turn R, Cross Shuffle, Side Rock, Sailor Step.**

- 1,2** Step forward on L, make a ¼ turn R.  
**3&4** Cross step L over R, step R to R side, cross step L over R.  
**5,6** Rock R to R side, recover weight to L.  
**7&8** Cross step R behind L, step L to L side, step R to R side. (3 o'clock).

**Behind ¼ Turn R, Step ¾ Turn R, Chasse ¼ L, Back Rock.**

- 1,2** Cross step L behind R, make a ¼ turn R stepping forward on R.  
**3,4** Step forward on L, make a ¾ turn R.  
**5&6** Step L to L side, close R beside L, step L to L side.  
**7,8** Rock back on R, recover weight to L. (3 o'clock).

**Tag End of wall 5 facing 3 o'clock wall dance the following then begin again.**

**R Side Touch, L Side Touch.**

- 1-4** Step R to R side, touch L beside R, step L to L side, touch R beside L.

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