

# Long Gone

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**Count:** 64      **Wall:** 4      **Level:** Easy Intermediate

**Choreographer:** Francien Sittrop (Feb 11)

**Music:** Long Gone by Lady Antebellum (117bpm)

**Intro: Start after 16 counts from the heavy Beat, On Vocals**

**[1-8] Rock, Recover, Walks Back, Rock Recover, Kick Ball Step**

- 1-2      Rock R fwd, Recover on L (12.00)
- 3-4      Walk back R, L
- 5-6      Rock R back, Recover on L,
- 7&8      Kick R fwd, Step R down, Step L across R

**[9-16] Side Rock, Recover, Cross Shuffle, Back, ¼ Turn R, Step Fwd, Touch**

- 1-2      Rock R to R side, Recover on L
- 3&4      Step R across L, Step L to L side, Step R across L
- 5-6      Step L back, ¼ Turn R step R to R side (03.00)
- 7-8      Step L fwd, Touch R to R side

**RESTART: wall 5, Start again with count 1**

**[17-24] Step Fwd, Touch Fwd, Step Back, Touch Fwd, Walk Backx2, Coaster Step**

- 1-2      Step R fwd, Touch L fwd
- 3-4      Step L back, Touch R fwd
- 5-6      Walk Back R, L
- 7&8      Step R back, Step L next to R, Step R fwd

**[25-32] Step Fwd, Picot ½ Turn R, Shuffle Fwd, Step Fwd, Picot ¾ Turn L, Kick Ball Cross**

- 1-2      Step L fwd, Pivot ½ Turn R (09.00)
- 3&4      Step L fwd, Step R next to L, Step L fwd
- 5-6      Step R fwd, Pivot ¾ Turn L (12.00)
- 7&8      Kick R fwd, Step R down, Step L across R

### **[33-40] Side, Together, Chasse (Diag. R), Cross Rock, Sailor ½ Turn L**

- 1-2 Step R to R side, Step L next to R
- 3&4 Step R to R side, Step L next to R, Step R to R side
- 5-6 Rock L across R, Recover on L
- 7&8 Sweep L behind R with ½ Turn L, Step R to R side, Step L across R (06.00)

### **[41-48] Side Rock, Recover, Behind, Side, Cross, Side , Drag, Ball Cross Side**

- 1-2 Rock R to R side, Recover on L
- 3&4 Step R behind L, Step L to L side, Step R across L
- 5-6 Step L to L side, Drag R
- &7-8 Step R next to L, Step L across R, Step R to R side

### **[49-56] Behind, Side, Cross, ¼ Turn R Shuffle Fwd, Step ½ Turn R, Step Fwd, Scuff**

- 1&2 Step L behind R, step R to R side, Step L across R
- 3&4¼ R and Step R fwd, Step L next to R , Step R fwd (09.00)**
- 5-6 Step L fwd, Pivot ½ Turn R (03.00)
- 7-8 Step L fwd, Scuff R fwd

### **RESTART: wall 1 & 3, Start again with count 1**

### **[57-64] Heel Touches Fwd, Heel Hook, Rocking Chair**

- 1&2& Touch R heel fwd, Step R next to L, Touch L heel fwd, Step L next to R
- 3-4 Touch R heel fwd, Hook R across L
- 5-6 Rock R fwd, Recover on L
- 7-8 Rock R back, Recover on L

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